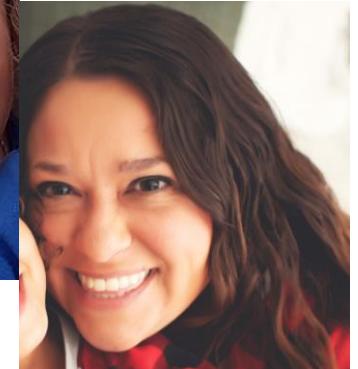


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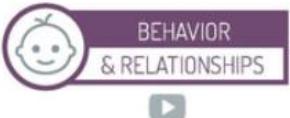
3 REASONS GOOD INFANT MENTAL HEALTH MATTERS



BRAIN ARCHITECTURE



BODY & HEALTH



BEHAVIOR & RELATIONSHIPS

We have a shared stake to make sure babies develop sturdy brain architecture, because this foundation supports a lifetime of learning and productive participation in society. A reliable caregiver who is responsive to a baby's needs is the base for secure attachment, which allows an infant to explore and learn.

Toxic stress from broken caregiver-infant relationships can push a baby's stress hormones into overdrive. When constantly present, these hormones disrupt brain and physical development. And babies can't learn if their brains and bodies are working against them. **The antidote to toxic stress?** Affection and protection by a nurturing caregiver.

Secure attachment is a fundamental building block of social function. Children need relationships with sensitive caregivers to self-regulate, get along with others, solve problems, and be productive — the basis for civic and economic prosperity.



Infancy Onward – formerly known as the Indiana Association for Infant & Toddler Mental Health – is a subsidiary organization of our state mental health association, Mental Health America of Indiana (MHAI). Founded in 2000, we are an organization of individuals committed to strengthening relationships between infants, toddlers, parents, and other caregivers.



An Affiliate of Mental Health America

Infancy Onward Mission Statement:
To advance the conditions which provide an early start toward optimal mental health

Our Vision:

All infants and toddlers are entitled to an opportunity to grow, learn and develop in a way that enhances their social and emotional health so that they may reach their maximum potential.

What is Infant Mental Health?

Infant Mental Health is the developing capacity of the child from birth to age 3 to:

- experience, regulate, and express emotions
- form close and secure interpersonal relationships, and
- explore the environment and learn

"All in the context of family, community, and cultural expectations for young children. Infant mental health is synonymous with healthy social and emotional development."

~Zero to Three Infant Mental Health Task Force

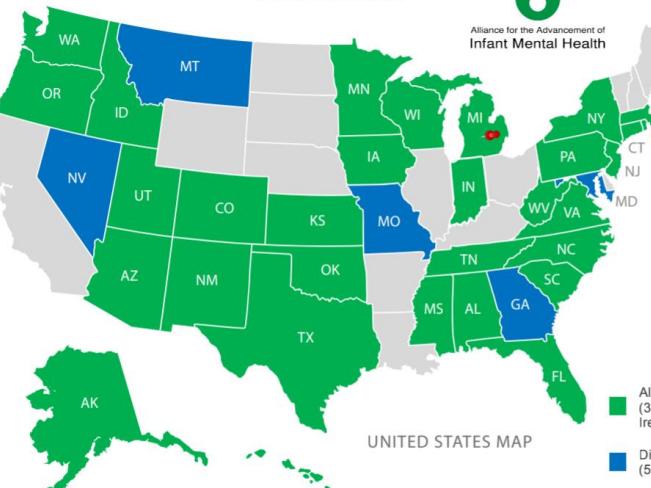
Infant Mental Health (IMH) professionals believe that the parent-infant relationship is central to the healthy development of young children. We are committed to the view that these relationships are influenced by:

- a. the parent or caregiver's actions and experiences
- b. the infant's characteristics and responses, and
- c. the surrounding environment

Alliance Members



Alliance for the Advancement of
Infant Mental Health





Infant Mental Health Endorsement®
and Early Childhood Mental Health
Endorsement®

**Endorsement for
Culturally Sensitive,
Relationship-Focused
Practice Promoting
Infant & Early Childhood
Mental Health®**

Endorsement® provides recognition of specialized knowledge and expertise in professionals working with or on behalf of pregnant women, children from birth through age six, and their families.



What is Endorsement®?

<https://vimeo.com/279997892>

Webinar created by the Alliance for the Advancement
of Infant Mental Health



Requirements for All Categories:

Professional Membership in Infancy Onward

- First year covered by the ELI Scholarship, then it is \$50 paid annually; required to earn and maintain your Endorsement credential

Training (0-3 focused for IMH-E® & 3-6 focused for ECMH-E®)

- Minimum 30 clock hours required; Applicants will include as many hours of relationship-based training and/or continuing education as necessary to document that competencies have been met.
- Two days of Infancy Onward's Mental Health Conference, paid by the Scholarship

Commitment Form

- Signed and returned to Endorsement Director before starting Endorsement application

Ethics Agreement

- Signed electronically on EASy

Endorsement Agreement

- Signed electronically on EASy

Requirements for All Categories:

- References: Total of three professional reference ratings:
 1. One from current program supervisor, teacher, trainer or consultant
 2. One from person providing reflective supervision/consultation
 3. Third rating may be from another supervisor, teacher, trainer, consultant or from a colleague

Requirements that Vary:

- Education
 - IFA/ECFA(I) does not require any education beyond high school**
 - IFS/ECFS(II): minimum Bachelor's degree
 - IMHS/ECMHS(III): graduate degree required
 - IMHM/ECMHM(IV): graduate degree required
- Official Transcripts required from any college or university where a degree was earned

Requirements that Vary:

- Work Experiences

You select the category that is the best fit with your scope of work, not necessarily your level of education

Categories:

- IFA/ECFA(I): 2 years paid experience required IF applicant has no education beyond high school
- IFS/ECFS(II): 2 years POST-BACHELOR'S paid experience with a focus on prevention
- IMHS/ECMHS(III): 2 years POST-GRADUATE paid experience with a focus on therapeutic intervention
- IMHM/ECMHM(IV): 3 years POST-GRADUATE paid experience exhibiting leadership in our field
 - 3 different designations: Clinical, Policy, and Research/Faculty; work criteria varies for each

Requirements that Vary:

Reflective Supervision

Relationship-focused, reflective supervision/consultation (RSC) with an approved supervisor, individually or in a group, while providing services to infants, toddlers and families

Provider of RSC must meet Endorsement® requirements as an IMH Specialist(III) or IMH Mentor Clinical(IV)

- IFA/ECFA(I): None required
- IFS/ECFS(II): Minimum 24 hours with a 2-year timeframe (post-bachelor's)
- IMHS/ECMHS(III): Minimum 50 clock hours within a 2-year timeframe (post-graduate degree)
- IMHS/ECMHM(IV)-Clinical Only: Minimum 50 clock hours with a 2-year timeframe; also needs a minimum of 3 years experience PROVIDING reflective supervision to others (all post-grad)
 - No RSC required for Policy or Research/Faculty designations

Reflective Supervision

Reflective Supervision involves regular meetings between individuals or groups and a reflective supervisor, who facilitates thoughtful discussion focused on the emotional content of work in the infant/early childhood-family field.



This specialized supervision goes beyond clinical or administrative supervision to shared exploration of the process.

There is attention to all of the relationships involved, including that between practitioner and parent, between parent and infant/young child, and between practitioner and supervisor.

By attending to the emotional content of the work and how reactions to the content affect the work, reflective supervision enhances professional and personal development within one's discipline.

*Groups meet online twice monthly
via ZOOM

Reflective Supervision Groups

Now Forming!

100% Online | 100% Free

INFANT MENTAL HEALTH ENDORSEMENT (IMH-E®) PATHWAYS²

	Infant Family Associate (IFA) (PROMOTION)	Infant Family Specialist (IFS) (PREVENTION)	Infant Mental Health Specialist (IMHS) (INTERVENTION)	Infant Mental Health Mentor (IMHM) (MACRO)
Education	Any academic ³ degree	Masters or Bachelors degree	Masters or post-graduate degree	Masters or post-graduate degree
Work Experience	OR Minimum 2 years infant/early childhood-related work or volunteer experience in an applicable role ⁴	Minimum 2 years of prevention and/or early intervention service to 0-36 mo. old & their families; served a minimum of 10 families	Minimum 2 years, post-masters, IMH practice working on behalf of the caregiver-infant relationship (example: infant parent psychotherapy)	Minimum 3 years as an IMH practice leader (policy, research/faculty, and/or clinical) and provider of RSC for 3+years ⁵
In-service Training	Minimum 30 hours, average 40 hours	Minimum 30 hours, average 50 hours	Minimum 30 hours, average 75 hours	Minimum 30 hours, average 75 hours <i>A minimum of 15-hours must be didactic training about the provision RSC⁶</i>
Membership in Infancy Onward or WAIMH	Yes	Yes	Yes	Yes
Code of Ethics	Signed	Signed	Signed	Signed
Endorsement® Agreement	Signed	Signed	Signed	Signed
Reflective Supervision or Consultation (RSC)	N/A	Minimum 24 clock hours within a 12-month to 24-month time period while working with infants, toddlers, & families and/or while providing supervision to staff who are providing services to infants, young children (birth to 36 months) and their families.	Minimum 50 clock hours within a 12-month to 24-month time period while working with infants, toddlers, & families	Clinical only: Minimum 50 clock hours a 12-month to 24-month time period while working with infants, toddlers, & families. A minimum of 25-hours of the RSC received should be about the RSC that the applicant provides to others
Reference Ratings	Three (from current program supervisor, teacher, trainer, consultant, or parent/service recipient)	Three 1. Current program supervisor, teacher, trainer or consultant. 2. Person providing RSC 3. Another supervisor, teacher, trainer or consultant; or a colleague	Three 1. Current program supervisor, teacher, trainer or consultant. 2. Person providing RSC 3. Another supervisor, teacher, trainer or consultant; colleague; or supervisee (if applicant is a supervisor)	Three (Please see full IMH-M requirements for specific guidelines for who should complete reference rating forms for Clinical, Policy, and Research/Faculty applicants).
Written Exam	No	No	Yes	Yes
Application	Applicant will submit an application that demonstrates that they have met both the requirements and the competencies specified for the Endorsement® for which they are applying. Details about competencies can be found in within the <i>Competency Guidelines</i> ®.			

Infant Mental Health Endorsement® and Early Childhood Mental Health Endorsement®



Application Process

<https://easy.maimh.org/infancy-onward>

INFANCY-ONWARD
EASy 5.2

Login Register Support

Endorsement Application System

Indiana

This is the Indiana version of EASy. If you are applying in another state, please be sure to select that state from the drop-down below.

Go!

New Applicant?

[Register](#)

Returning users

Username

Password

Log in

◀ ▶

Trouble logging in?

Please check our Knowledge Base for some common issues users have accessing EASy by clicking the Support tab.

Forget your login information? [Request Login](#)

Announcements

Welcome to the Indiana instance of EASy! We will now manage our memberships in this system as well as Endorsement renewals for active providers.

[Application submission deadlines for Categories I & II:](#)
January 31st
Review Period: Feb 1 - Mar 13
Certificates mailed: Mar 23

April 30th
Review Period: May 1 - June 11
Certificates mailed: June 21

July 31st
Review Period: Aug 1 - Sept 11
Certificates mailed: Sept 21

October 15th
Review Period: Oct 16 - Nov 30
Certificates mailed: Dec 10

[Application submission deadline for Categories III & IV:](#)
July 15th
Review Period: Jul 16 - Sept 9
Exam Date: TBD; typically the last Saturday in Sept

[Annual renewal for all members and Endorsed providers:](#)
December 1st

Questions? Email beckygee@mhai.net

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Preliminary Application Process

- Complete Preliminary Application
 - Use a personal email address!
- Pay Application Fee
 - List as “ELI Scholarship”
- Nilou reviews your preliminary app
- Receive Acceptance Email
- Receive Login ID and Temporary Password from EASy Server

Renewal

- Due December 1st each year**
- 15 clock hours of training related to IMH or ECMH
- Ongoing RSC recommended – in the future, minimum 12 hours annually will be required (does not apply to IFA/ECFA)
- Continued membership in Infancy Onward (\$50)
- Submit renewal information and pay membership dues through EASy system

Infancy Onward's 2021 Infant and Early Childhood Mental Health Conference

**August 12 and 13,
2021**





If you are interested in a virtual or in-person showing, email Sarah at sbailey@mhai.net

THEIR NOW IS OUR FUTURE

NO SMALL MATTER

<https://www.youtube.com/watch?v=Shm-KRh4LFg>

Want to get more involved with Infancy Onward?

Join an Action Team! We are currently recruiting volunteers to participate on the following teams – reach out to Sarah if you want to sign up!

sbailey@mhai.net

Sustainability and Membership Team

This action team focuses on fundraising, seeking grants, and discussing items that would be useful to our members and audience that could potentially help us generate revenue. The more funding we have, the more staff we can hire and the more work we can do towards our mission!

The team also focuses on growing our membership base by thinking of what perks would be ideal for our members.

Conference and Event Planning Team

- This team helps develop ideas for future events, including fundraisers, trainings, award banquets, board retreats - you name it! The purpose is to increase engagement throughout our state and to raise awareness around infant and early childhood mental health.



Media and Marketing Team

If you're a pro when it comes to social media, email campaigns, website data analytics, and/or marketing, we would really love your participation on this team!



Advocacy Team

- This team is especially important for helping us shape our messaging to support all babies and families within our state, regardless of race, sex, gender, socioeconomic class, sexual orientation, etc.





Infancy *Onward*

Collaboration



Training



Reflective
Supervision



Endorsements®

Thank you!



For more information on anything we
discussed today,
email Nilou at npariborzi@mhai.net or
Sarah at sbailey@mhai.net