



**Month:** July

**Week:** 4

**Day:** 1

**Age range:** Pre-K

**Topics:**

- **Theme: Physical Fitness**
- **Shape: Diamond**
- **Number: 0**
- **Color: Tan**
- **Letter: Jj**

**Foundations:** ELA 2.3, ELA2.4, SC5.1, M4.1, M4.2

**Indicators:**

CCSS: Geometry

- Matches opposites
- Identifies patterns

CCSS: Reading

- Talks about characters and settings
- Answers simple questions about character, plot, outcome of story read aloud

**NAEYC Standards**

02A-166 Show or describe two examples of play experiences you have planned which are related to learning themes in the curriculum

**Activity:**

1. Color and Shape Sensory Bags
2. Reading a Book about the Fitness
3. UNO Workout

**Resources and materials needed:**

Color and Shape Sensory Bags:

- Dry Erase Markers (Brown and Blue)
- Tan and Blue Buttons
- Painters tape
- Baby Gel Oil
- Sandwich or gallon bag

Reading a Book: (Suggestions)

- From Head to Toe by Eric Carle
- Shake a Leg! By Constance Allen

UNO Workout:

- UNO cards

**Procedures:**

**UNO Workout:** Grab an Uno card deck and have the children to choose a card. If a child chooses a Yellow card they must do that number's jumping jacks; green is squats; red is planks; blue is push ups; any action card (skip, reverse, wild, draw 2 and 4, etc) they must do 10 of any action that the teachers choose.

**Color and Shape Sensory Bag:** The sensory bag is simply just baby oil gel in a Ziploc bag. You could double bag it to seal it better. Insert two colors of buttons into each sensory bag and taped it to the table. Add sorting 'sections' for each color. Draw on the baggies with dry erase markers. Draw big diamonds and rectangle in the corresponding colors of buttons and write the name of the colors. The children can push the buttons around in the baggy to fit into the correctly colored shapes. Modifications: Put the number 10 into the shapes and have them to count the buttons that go into the shapes.

**Read a book about the Fitness:** Have children to gather to listen and look at the book. Making sure that the reader engages the children by describing what they are seeing and allowing the children to touch the pictures (if they are able to).

**Month:** July

**Week:** 4

**Day:** 2

**Age range:** Pre-K

**Topics:**

- **Theme: Physical Fitness**
- **Shape: Diamond**
- **Number: 0**
- **Color: Tan**
- **Letter: Jj**

**Foundations:** SC3.1, SC5.1, SC1.1, M1.1, M2.1, M2.2, CA1.1

**Indicators:**

CCSS: Measurement and Data

- Sequences events
- Explains how something may change over time

**NAEYC Standards**

02A-166 Show or describe two examples of play experiences you have planned which are related to learning themes in the curriculum

**Activity:**

1. J is for Jellyfish
2. Read a Book
3. Music Time

**Resources and materials needed:**

Music Time

- Music Player with instrumental music or kids music
- Any play instruments

J is for Jellyfish

- Construction Paper
- Template of the letter “J” and Jellyfish body
- Wiggle Eyes
- Black Marker
- Yarn
- crayons
- Scissors
- Glue
- Tape

Read a Book (Suggestions)

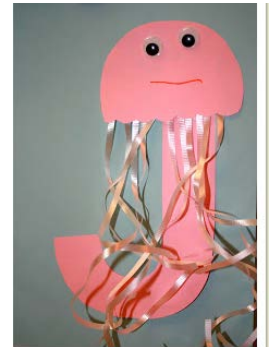
- The Shape of Me and Other Stuff by Dr. Seuss
- Snoopy’s Book of Shapes by Charles M. Schulz

**Procedures:**

**Music Time:** Have children to pick an instrument and have them to play along with music. Teachers can play along as well as it helps the children to feel more comfortable participating.

**J is for Jellyfish:** Trace on construction paper the letter template and jellyfish template and cut them out. Have children to color the letter and the jellyfish. After they are finished glue on eyes and make a mouth for the jelly fish. Tape yarn on the back of the jellyfish and then glue the jellyfish on top of the letter “J”. (See Example)

**Read a book about the shapes:** Have children to gather to listen and look at the book. Making sure that the reader engages the children by describing what they are seeing and allowing the children to touch the pictures.



**Month:** July

**Week:** 4

**Day:** 3

**Age range:** Pre-K

**Topics:**

- **Theme: Physical Fitness**
- **Shape: Diamond**
- **Number: 0**
- **Color: Tan**
- **Letter: Jj**

**Foundations:** ELA2.1, ELA2.2, ELA2.3, M1.2, M4.1, M4.2, SC5.1

**Indicators:**

CCSS: Operations and Algebraic Thinking

- Uses the term “half”
- Makes a set of objects smaller or larger

CCSS: Listening and Speaking

- Follows unfamiliar directions involving out of site objects
- Ask clarifying questions

**NAEYC Standards**

02A-166 Show or describe two examples of play experiences you have planned which are related to learning themes in the curriculum

**Activity:**

1. Flashcards
2. Reading a Book
3. Paper Kite

**Resources and materials needed:**

Reading a Book

- Super Saturday Savers by Alisia Apple

Flashcards:

- Find pictures of items that start with the letter “J” and laminate the pictures

Paper Kite:

- Construction Paper
- Template or item that looks like a diamond
- Scissors
- Yarn
- Stickers
- Tape

**Procedures:**

**Flashcard:** Pre make laminated cards with items that start with the letter “J” (i.e. jam, jet, etc) and start with the sound of “J” then say the word.

**Reading a book:** Have children to gather to listen and look at the book. Making sure that the reader engages the children by describing what they are seeing and allowing the children to touch the pictures.

**Paper Kite:** Take construction paper and trace a diamond on the paper. Cut it out and pass out the diamonds and stickers to the children. Have them to place the stickers on the diamond. Once they are finish, cut yarn and tape yarn to the back of the diamond. (See example)





**Month:** July

**Week:** 4

**Day:** 4

**Age range:** Pre-K

**Topics:**

- **Theme: Physical Fitness**
- **Shape: Diamond**
- **Number: 0**
- **Color: Tan**
- **Letter: Jj**

**Foundations:** M1.1, M1.2, M1.3, CA1.1, CA2.1, CA3.1, CA4.1

**Indicators:**

CCSS: Counting, Cardinality, and Operations Base Ten

- Uses numbers to compare

CCSS: Geometry

- Recognizes 5 colors

**NAEYC Standards**

02A-166 Show or describe two examples of play experiences you have planned which are related to learning themes in the curriculum

**Activity:**

1. Playing Children's Nursery Songs
2. Paint Play: Making the color tan
3. Finding diamonds

**Resources and materials needed:**

1. Playing Children's Nursery Songs:
  - Music Player with Nursery Rhymes
2. Paint Play:
  - Canvas, white, brown, black paint , Plastic Wrap, Tape
3. Finding 10 Diamonds:
  - 10 Plastic diamonds blocks

**Procedures:**

**Nursery Rhymes:** Play and sing the nursery rhymes with children. If they are mobile have them to dance and around with the songs. If they are not mobile yet, have them to clap and sing with the songs.

**Paint Play:** place little dots of brown, white, and black washable paint on the canvas place plastic wrap tightly around canvas and put tape at the bottom of the canvas. Have children to run their hands over the plastic wrap canvas.

**Finding 10 Diamonds:** Have diamonds hidden in the classroom and give the children instructions as to finding the hexagons. Tell them that there are 10 diamonds hidden in the classroom and they have to find them before you finish counting to 10. If they have not found them by the time you reach 10 show them where the rest of the diamonds were hidden and play the activity again.



**Month:** July

**Week:** 4

**Day:** 5

**Age range:** Pre-K

**Topics:**

- **Theme:** Physical Fitness
- **Shape:** Diamond
- **Number:** 0
- **Color:** Tan
- **Letter:** Jj

**Foundations:** SC1.1, SC1.2, SC3.1, PHG1.1, PHG1.3, PHG3.1, PHG3.2, ELA2.3, ELA2.4, M4.1

**Indicators:**

CCSS: Reading

- Talks about characters and settings
- Answers simple questions about character, plot, outcome of story read aloud

CCSS: Geometry

- Copies simple patterns with numbers and shapes
- Identifies objects that do not belong to a particular group

**NAEYC Standards**

02A-166 Show or describe two examples of play experiences you have planned which are related to learning themes in the curriculum

**Activity:**

1. Water Play
2. Read a book
3. Fitness Activity

**Resources and materials needed:**

Water Play

- Balloons
- Water
- Water Guns/ water toys
- 2 flags

Read A Book:

- Family Member's choice

Fitness Activity:

- Access to Internet
- I Pad/ Computer
- Download music (example: head, shoulders, knees and toes)

**Procedures:**

**Water Wars:** Teachers will explain the rules and safety procedures of the game. This is to be played outside. Teachers will fill up water guns/ toys and balloons and children will be divided into groups. The object of the game is to capture the flag of the other team. If a person gets hit with water they have to sit out. The first team that captures the opposite teams flag wins.

**Reading a Book:** Teachers will invite family members to come and read to the class. Have children to gather to listen and look at the book. Making sure that the reader engages the children by describing what they are seeing and allowing the children to touch the pictures (if they are able to).

**Fitness Activity:** Go on Youtube an look up Fit Factor Kids Excercise and play the video and participate in the activity. After this video play different children's songs with movement.