

Month: July

Week: 4

Day: 1

Age range: Toddlers

Topics:

- **Theme: Physical Fitness**
- **Shape: Diamond**
- **Number: 0**
- **Color: Tan**
- **Letter: Jj**

Foundations: ELA 2.3, ELA2.4, SC5.1, M4.1, M4.2

Indicators:

CCSS: Counting, Cardinality, and Operations Base Ten

- Looks at/ observes hanging mobile or object held in front of face
- Indicates desire for “more”

CCSS: Reading

- Reacts to story
- Listens with interest to stories read aloud

NAEYC Standards

02A-166 Show or describe two examples of play experiences you have planned which are related to learning themes in the curriculum

Activity:

1. Color and Shape Sensory Bags
2. Reading a Book about the Fitness

Resources and materials needed:

1. Color and Shape Sensory Bags:
 - Dry Erase Markers (Brown and Blue)
 - Tan and Blue Buttons
 - Painters tape
 - Baby Gel Oil
 - Sandwich or gallon bag
2. Reading a Book: (Suggestions)
 - From Head to Toe by Eric Carle
 - Shake a Leg! By Constance Allen

Procedures:

Color and Shape Sensory Bag: The sensory bag is simply just baby oil gel in a Ziploc bag. You could double bag it to seal it better. Insert two colors of buttons into each sensory bag and taped it to the table or floor (for infants). For infants and 1 year olds just leave the bag as is. They are grasping the whole color recognition aspect and wouldn't have the patience to sort the colors. They will simply enjoyed moving the buttons around in the hair gel, loving the sensory experience. Age 2 and up add sorting 'sections' for each color. Draw on the baggies with dry erase markers. Draw big diamonds and rectangle in the corresponding colors of buttons and write the name of the colors. The children can push the buttons around in the baggy to fit into the correctly colored shapes. **Modifications:** Put the number 10 into the shapes and have them to count the buttons that go into the shapes.

Read a book about Fitness: Have children to gather to listen and look at the book. Making sure that the reader engages the children by describing what they are seeing and allowing the children to touch the pictures (if they are able to).

Month: July

Week: 4

Day: 2

Age range: Toddlers

Topics:

- **Theme: Physical Fitness**
- **Shape: Diamond**
- **Number: 0**
- **Color: Tan**
- **Letter: Jj**

Foundations: SC3.1, SC5.1, SC1.1, M1.1, M2.1, M2.2

Indicators:

CCSS: Operations and Algebraic Thinking

- Attends to new object in a group of objects
- Makes a set of objects smaller or larger

CCSS: Counting, Cardinality, and Operations Base Ten

- Looks at/ observes hanging mobile or object held in front of face
- Indicates desire for “more”

NAEYC Standards

02A-166 Show or describe two examples of play experiences you have planned which are related to learning themes in the curriculum

Activity:

1. Ribbon Box
2. Sensory Bags
3. Sensory Board

Resources and materials needed:

Sensory Bags

- Ziploc sandwich bag
- Baby oil gel
- Painter’s tape
- Laminated letter “J”
- Glitter

Sensory Board

- Cardboard
- Box Cutter
- Packing Tape
- Textured materials: Carpet square (free at the hardware store), mirror (or aluminum foil), pipe cleaners, beads, conditioner (or lotion), sandpaper, etc

Procedures:

Sensory Bag: Place glitter, the laminated “J”s, and baby gel oil into the sandwich bag. Seal the bag and tape the bag either to the floor (for tummy time) or on a table. Allow children to explore and play. Let the children know what sound the letter “J” makes.

Sensory Board: Start out with a piece of cardboard and cut out the shapes. Turn the board over and tape your textured materials with packing tape. Be sure to OVER tape everything (Babies are great at ripping things down...and, cats too...). The carpet square, mirror, and sand paper are easily attached to the back. If you want to do the “squishy” beads, put conditioner and some beads in a zip lock bag. Get all the air out and attach to the board with tape. If you want to do the pipe cleaners, put something clear in the front of the pipe cleaners like saran wrap, then place pipe cleaners in a pattern, tape on the back.

Month: July

Week: 4

Day: 3

Age range: Toddlers

Topics:

- **Theme: Physical Fitness**
- **Shape: Diamond**
- **Number: 0**
- **Color: Tan**
- **Letter: Jj**

Foundations: ELA2.1, ELA2.2, ELA2.3, M1.2, M4.1, M4.2, SC5.1

Indicators:

CCSS: Operations and Algebraic Thinking

- Pulls or breaks apart food
- Makes a set of objects smaller or larger
- Puts an object in mouth to explore

CCSS: Reading

- Responds to sound in the environment

NAEYC Standards

02A-166 Show or describe two examples of play experiences you have planned which are related to learning themes in the curriculum

Activity:

1. Flashcards
2. Sticky Ice
3. Block Time

Resources and materials needed:

Sticky Ice

- 2 bowls
- Salt
- Water
- Ice

Flashcards:

- Find pictures of items that start with the letter “J” and laminate the pictures

Block Time:

- Foam blocks

Procedures:

Flashcard: Pre make laminated cards with items that start with the letter “J” (such as jam, juice, etc) and start with the sound of “J” then say the word.

Sticky Ice: Place a few ice cubes in the water and hand the children the string. Have the children to place the string in the bowl and pass them a bowl of salt. Sprinkle on the salt and it indeed melted the ice. Next have the children to place the string on the ice and sprinkle salt over the string. Count with the children up to 60 and then carefully lift the string up and the ice will stick.

Block Time: Show children how to count from 0 to 10 using the blocks and design a diamond. Have children to explore with the blocks trying to design the blocks in different shapes and help them count to see how many blocks they are playing with.

Month: July

Week: 4

Day: 4

Age range: Toddlers

Topics:

- **Theme: Physical Fitness**
- **Shape: Diamond**
- **Number: 0**
- **Color: Tan**
- **Letter: Jj**

Foundations: M1.1, M1.2, M1.3, CA1.1, CA2.1, CA3.1, CA4.1

Indicators:

CCSS: Counting, Cardinality, and Operations Base Ten

- Uses numbers to compare
- Follows a moving or sound of an object
- Touches points to each object in a sequence only once

NAEYC Standards

02A-166 Show or describe two examples of play experiences you have planned which are related to learning themes in the curriculum

Activity:

1. Playing Children's Nursery Songs
2. Paint Play: Making the color tan
3. Counting 0 to 10 using the diamond shape

Resources and materials needed:

1. Playing Children's Nursery Songs:
 - Music Player with Nursery Rhymes
2. Paint Play:
 - Canvas, white, brown, black paint , Plastic Wrap, Tape
3. Counting from 0 to 10 using Diamonds:
 - 10 Plastic diamond blocks

Procedures:

Nursery Rhymes: Play and sing the nursery rhymes with children. If they are mobile have them to dance and around with the songs. If they are not mobile yet, have them to clap and sing with the songs.

Paint Play: place little dots of brown, white, and black washable paint on the canvas place plastic wrap tightly around canvas and put tape at the bottom of the canvas. Have children to run their hands over the plastic wrap canvas.

Counting from 0 to 10 with Diamond: Have 10 diamonds in a container and count out each diamonds.

Month: July

Week: 4

Day: 5

Age range: Toddlers

Topics:

- **Theme: Physical Fitness**
- **Shape: Diamond**
- **Number: 0**
- **Color: Tan**
- **Letter: Jj**

Foundations: PHG1.1, PHG1.3, PH3.1, SC5.1, M4.1, M4.2, ELA2.3, ELA2.4

Indicators:

CCSS: Operations and Algebraic Thinking

- Makes a set of objects smaller or larger
- Puts an object in mouth to explore

NAEYC Standards

02A-166 Show or describe two examples of play experiences you have planned which are related to learning themes in the curriculum

Activity:

1. Water Play
2. Read a book
3. Fitness Activity

Resources and materials needed:

Water Play

- Baking Pan
- Bowls
- Water Pitcher
- Water
- Water proof toys (ones the are shaped like diamonds)
- Paper Towels

Read A Book: (suggestions)

- Good Night Numbers by Danica McKellar
- My very first book of numbers by Eric Carle

Fitness Activity:

- Access to Internet
- iPad/ Computer
- Download music (example: head, shoulders, knees and toes)

Procedures:

Water Play: (For infants) Place towels on the floor and have a baking pan on top of the towels. Fill water pitcher room temperature water and place a small amount of water (enough to coat) the baking sheet on the floor. Then place star toys on the baking sheet and allow infant to be on their tummy and play in the water with the toys. (For mobile infants and toddlers) Place bowl on table or on the floor on top of towel and put a small amount of room temperature water in the bowls and place the toy stars in the bowls. Allow children to play with the water and diamonds. The children can do a counting game with the diamonds in the bowl by placing the **diamonds** in a different bowl without water and counting how many diamonds they have put in the bowl without water.

Read a book about numbers: Have children to gather to listen and look at the book. Making sure that the reader engages the children by describing what they are seeing and allowing the children to touch the pictures (if they are able to).

Fitness Activity: Go on Youtube an look up *Fit Factor Kids Excercise* and play the video and participate in the activity. After this video play different children's songs with movement.