



Month: July

Week: 4

Day: 1

Age range: Infant

Topics:

- **Theme: Physical Fitness**
- **Shape: Diamond**
- **Number: 0**
- **Color: Tan**
- **Letter: Jj**

Foundations: ELA 2.3, ELA2.4, SC5.1, M4.1, M4.2

Indicators:

CCSS: Counting, Cardinality, and Operations Base Ten

- Looks at/ observes hanging mobile or object held in front of face

NAEYC Standards

02A-166 Show or describe two examples of play experiences you have planned which are related to learning themes in the curriculum

Activity:

1. Color and Shape Sensory Bags
2. Reading a Book about the Fitness
3. Texture Sensory Wall

Resources and materials needed:

1. Reading a Book: (Suggestions)
 - From Head to Toe by Eric Carle
 - Shake a Leg! By Constance Allen
2. Texture Sensory Wall:
 - Pieces of colored paper
 - Clear contact paper
 - Large color paper
 - Photos, ribbons, pom pom, etc
 - Scissors
 - Tape
 - basket

Procedures:

Texture Wall: Tape colored paper to a wall. Cover paper with sticky side out contact paper and tape the edges down with clear tape. It may help to attach the first piece of tape to the top while the contact paper is still on the floor and then attach that side to the wall first. Prepare your items in a basket on the floor. I chose laminated pictures of their faces and curly ribbon, but any items that a young toddler can manipulate, grasp, and potentially taste are good. Place a couple of the items on the sticky wall to engage your infant. Like most wonderful infant and toddler activities, this is a child-directed open ended activity once it is set up. Your child will likely notice and engage with the materials without much prompting. Observe what interests them most. For some this might be taking the objects on and off. For some it might be simply the sticky wall. Use language to describe what they are doing (for example: “You pulled it off!” “Your fingertips stick.”). Model alongside the child how to stick objects back on or pull them off. Allow them to leave and return to the activity over the course of the day or several days.

Read a book about Fitness: Have children to gather to listen and look at the book. Making sure that the reader engages the children by describing what they are seeing and allowing the children to touch the pictures (if they are able to



Month: July

Week: 4

Day: 2

Age range: Infant

Topics:

- **Theme: Physical Fitness**
- **Shape: Diamond**
- **Number: 0**
- **Color: Tan**
- **Letter: Jj**

Foundations: SC3.1, SC5.1, SC1.1, M1.1, M2.1, M2.2

Indicators:

CCSS: Operations and Algebraic Thinking

- Attends to new object in a group of objects
- Makes a set of objects smaller or larger

NAEYC Standards

02A-166 Show or describe two examples of play experiences you have planned which are related to learning themes in the curriculum

Activity:

1. Ribbon Box
2. Sensory Bags

Resources and materials needed:

Ribbon Box

- Different shades of brown
- Plastic tote big enough for a child to fit in
- Scissors
- Hot Glue Gun
- Hot Glue Gun Sticks

Sensory Bags

- Ziploc sandwich bag
- Baby oil gel
- Painter's tape
- Laminated letter "J"
- Glitter

Procedures:

Ribbon Box: Use a plastic tote and cut ribbon all the same length and then use a hot glue gun to glue them to the back. After it was prepared invite the child to play. While the child is playing let them know that they are playing with tan ribbons and count the number of ribbons on the tote.

Sensory Bag: Place glitter, the laminated "J"s, and baby gel oil into the sandwich bag. Seal the bag and tape the bag either to the floor (for tummy time) or on a table. Allow children to explore and play. Let the children know what sound the letter "J" makes.



Month: July

Week: 4

Day: 3

Age range: Infant

Topics:

- **Theme: Physical Fitness**
- **Shape: Diamond**
- **Number: 0**
- **Color: Tan**
- **Letter: Jj**

Foundations: ELA2.1, ELA2.2, ELA2.3, M1.2, M4.1, M4.2, SC5.1

Indicators:

CCSS: Operations and Algebraic Thinking

- Pulls or breaks apart food
- Makes a set of objects smaller or larger
- Puts an object in mouth to explore

CCSS: Reading

- Responds to sound in the environment

NAEYC Standards

02A-166 Show or describe two examples of play experiences you have planned which are related to learning themes in the curriculum

Activity:

1. Flashcards
2. Block Time

Resources and materials needed:

Flashcards:

- Find pictures of items that start with the letter “J” and laminate the pictures

Block Time:

- Foam blocks

Procedures:

Flashcard: Pre make laminated cards with items that start with the letter “J” (such as jam, juice, etc) and start with the sound of “J” then say the word.

double bag it. Allow children to play with the bag mixing the blue and red food coloring inside the bag.

Block Time: Show children how to count from 0 to 10 using the blocks and design a diamond. Have children to explore with the blocks trying to design the blocks in different shapes and help them count to see how many blocks they are playing with.



Month: July

Week: 4

Day: 4

Age range: Infant

Topics:

- **Theme: Physical Fitness**
- **Shape: Diamond**
- **Number: 0**
- **Color: Tan**
- **Letter: Jj**

Foundations: M1.1, M1.2, M1.3, CA1.1, CA2.1, CA3.1, CA4.1

Indicators:

CCSS: Counting, Cardinality, and Operations Base Ten

- Uses numbers to compare
- Follows a moving or sound of an object
- Touches points to each object in a sequence only once

NAEYC Standards

02A-166 Show or describe two examples of play experiences you have planned which are related to learning themes in the curriculum

Activity:

1. Playing Children's Nursery Songs
2. Paint Play: Making the color tan
3. Counting 0 to 10 using the diamond shape

Resources and materials needed:

1. Playing Children's Nursery Songs:
 - Music Player with Nursery Rhymes
2. Paint Play:
 - Canvas, white, brown, black paint , Plastic Wrap, Tape
3. Counting from 0 to 10 using Diamonds:
 - 10 Plastic diamond blocks

Procedures:

Nursery Rhymes: Play and sing the nursery rhymes with children. If they are mobile have them to dance and around with the songs. If they are not mobile yet, have them to clap and sing with the songs.

Paint Play: place little dots of brown, white, and black washable paint on the canvas place plastic wrap tightly around canvas and put tape at the bottom of the canvas. Have children to run their hands over the plastic wrap canvas.

Counting from 0 to 10 with Diamond: Teachers will place the child in their lap while they are sitting on the floor and count the diamonds in front of the child. Have the child to play with the shape afterwards.



Month: July

Week: 4

Day: 5

Age range: Infant

Topics:

- **Theme: Physical Fitness**
- **Shape: Diamond**
- **Number: 0**
- **Color: Tan**
- **Letter: Jj**

Foundations: PHG1.1, PHG1.3, PH3.1, SC5.1, M4.1, M4.2, ELA2.3, ELA2.4

Indicators:

CCSS: Reading

- Reacts to story
- Listens with interest to stories read aloud

CCSS: Operations and Algebraic Thinking

- Makes a set of objects smaller or larger
- Puts an object in mouth to explore

NAEYC Standards

02A-166 Show or describe two examples of play experiences you have planned which are related to learning themes in the curriculum

Activity:

1. Water Play
2. Read a book

Resources and materials needed:

Water Play

- Baking Pan
- Bowls
- Water Pitcher
- Water
- Water proof toys (ones the are shaped like diamonds)
- Paper Towels

Read A Book: (suggestions)

- Good Night Numbers by Danica McKellar
- My very first book of numbers by Eric Carle

Procedures:

Water Play: (For infants) Place towels on the floor and have a baking pan on top of the towels. Fill water pitcher room temperature water and place a small amount of water (enough to coat) the baking sheet on the floor. Then place star toys on the baking sheet and allow infant to be on their tummy and play in the water with the toys. (For mobile infants and toddlers) Place bowl on table or on the floor on top of towel and put a small amount of room temperature water in the bowls and place the toy stars in the bowls. Allow children to play with the water and diamonds. The children can do a counting game with the diamonds in the bowl by placing the **diamonds** in a different bowl without water and counting how many diamonds they have put in the bowl without water.

Read a book about numbers: Have children to gather to listen and look at the book. Making sure that the reader engages the children by describing what they are seeing and allowing the children to touch the pictures (if they are able to).