

Age range: Infant to 2 years old

Topics:

• **Theme:** My Plate (Nutritional Food)

Shape: PrismNumber: 3Color: YellowLetter: Aa

Foundations: SC5.1, SC1.1, SC1.2, SS1.1, CA3.3, PHG3.1, ELA1.1, ELA2.2, ELA2.3

Indicators:

CCSS: Counting, Cardinality, and Operations Base Ten

- o Identifies more
- o Follows a moving or sound object
- o Shows displeasure when a desirable object is removed
- o Shows pleasure when a desirable object is received

NAEYC Standards

02F-334 Show examples of toys and other materials of different shapes, sizes, colors, and visual patterns **Activity:**

- 1. Reading a Book about a Healthy Eating
- 2. Texture Sensory Wall

Resources and materials needed:

- 1. Reading a Book:
 - o Gregory, the Terrible Eater by Mitchell Sharmat
 - o I will never not eat a tomato (Charlie and Lola) by Lauren Child
- 2. Texture Sensory Wall:
 - o Pieces of colored paper
 - o Clear contact paper
 - o Large color paper
 - o Photos, ribbons, pom pom, etc
 - Scissors
 - o Tape
 - o basket

Procedures:

<u>Texture Wall:</u> Tape colored paper to a wall. Cover paper with sticky side out contact paper and tape the edges down with clear tape. It may help to attach the first piece of tape to the top while the contact paper is still on the floor and then attach that side to the wall first. Prepare your items in a basket on the floor. I chose laminated pictures of their faces and curly ribbon, but any items that a young toddler can manipulate, grasp, and potentially taste are good. Place a couple of the items on the sticky wall to engage your infant.

Read a book about Healthy Eating: Have children to gather to listen and look at the book. Making sure that the reader engages the children by describing what they are seeing and allowing the children to touch the pictures (if they are able to).



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Indicators:

CCSS: Speaking and Listening

- o Imitates one word vocalization/ signs such as "more" "all gone" "mine"
- o Names familiar objects
- o Uses pointing for learning new vocabulary

CCSS: Measurement and Data

- o Tracks movement
- Anticipates a routines
- o Follows along with a simple routine

NAEYC Standards

02F-334 Show examples of toys and other materials of different shapes, sizes, colors, and visual patterns.

Activity:

- 1. "A" Flashcards
- 2. Sensory Bags: Making a Yellow Prism
- 3. Ballin' at 15

Resources and materials needed:

Flashcards:

- o Pictures of things that start with the letter "A" (magazine or printed internet pictures)
- o Laminator

Sensory Bags:

- o Ziploc bags
- Yellow paint
- o Tape
- Permanent marker

Ballin' at 15:

- o Medium size ball
- o Medium size basket

Procedures:

roll up to 3.

Flashcards: Pre make laminated cards with items that start with the letter "A" (such as Apples, alligators, etc) and start with the sound of "A" then say the word.

<u>Sensory Bags</u>: On Ziploc bag take permanent marker and draw a big prism. Put inside the bag yellow paint. Ziploc the bag and place it on the floor. Tape the bag down to the floor/table and let them explore. <u>Ballin at 3</u>: Place them on the floor (for tummy time) and roll the ball to them counting each time you



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M1.2, M2.2 **Indicators:**

ISTAR KR: Gross Motor Skills
o Rolls, crawls, creeps

Moves up and down inclines

NAEYC Standards

02F-334 Show examples of toys and other materials of different shapes, sizes, colors, and visual patterns **Activity:**

- 1. Water Play
- 2. Homemade Guitar
- 3. "A" Soup

Resources and materials needed:

- 1. Water Play
 - o Baking Pan
 - o Bowls
 - Water Pitcher
 - o Water
 - o Water proof prism and other shape toys
 - o Towels
 - o Paper Towels
- 2. Homemade Guitar
 - Baking loaf
 - Yellow Rubber Bands
 - o Instrumental Music on CD/Music Player
- 3. "A" Soup
 - o Plastic Letters/ laminated letters (3 letter Aa)
 - o Bowl
 - o Plastic Mixing Spoons

Procedures:

<u>Water Play:</u> Place towels on the floor and have a baking pan on top of the towels. Fill water pitcher room temperature water and place a small amount of water (enough to coat) the baking sheet on the floor. Then place shapes toys on the baking sheet and allow infant to be on their tummy and play in the water with the toys.

Homemade Guitar: Have instrumental music playing in the background (any music without words is fine). Place 3 to 4 yellow rubber bands on the baking loaf and make sure it is tight enough so that it can



make a sound. Place infant in your lap and the guitar in your lap and show them how to strum the guitar, allow them to play the guitar. <u>Make sure that the infants are in your lap not on the floor.</u>



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Indicators: CCSS: Reading

o Anticipates actions, sounds, phrases, from predictable game or story

Listens with interest to stories read aloud

CCSS: Measurement and Data

o Responds to hot and cold

- o Pours substances in and out of containers
- o Makes choices based on size

NAEYC Standards

02F-334 Show examples of toys and other materials of different shapes, sizes, colors, and visual patterns **Activity:**

- 1. Colored Ice Sensory Ice Play
- 2. Reading a Book about numbers

Resources and materials needed:

- 1. Colored Ice Sensory:
 - o Silicone Star Shaped Ice Cube Tray
 - o Blue, yellow, and green food coloring
 - o Water
 - o Baking pan
 - o 2 containers
 - o Towel
 - o Paper towels
- 2. Reading a Book: (Suggestions)
 - o Shapes that Roll by Karen Nagel

Procedures:

Reading a Book: Have children to gather to listen and look at the book. Making sure that the reader engages the children by describing what they are seeing and allowing the children to touch the pictures (if they are able to).

<u>Colored Ice Sensory</u>: Add the coloring to the ice tray before filling with water to get a more even disbursement of color. Use food coloring and try to plan ahead and make colored ice the day before you want to set it out for play, so it is good and solid when they are ready. Fill a container with water then put the container of colored cubes inside the water. Have children either at a table or on the floor with towels. Allow them to splash and play around in the water. <u>For infants</u>: use a baking pan and put the ice on the pan and have them to play.



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Indicators:

ISTAR KR: Manages Emotions

o Laughs

- o Expresses needs and desires with gestures, sounds, some words
- o Responds to a variety of emotions

NAEYC Standards

02F-334 Show examples of toys and other materials of different shapes, sizes, colors, and visual patterns **Activity:**

- 1. Nursery Rhymes Time
- 2. Puppet Play

Resources and materials needed:

Nursery Rhymes Time

o Music player with different nursery rhymes

Puppet Play

- o Animal puppets
- Plastic food

Procedures:

<u>Nursery Rhymes:</u> Play CD/ Music Player that has nursery rhyme music. If children are mobile have them to dance to the songs and sing. If they are not mobile, sing to them and help them move their hands and feet to the music. This is an opportunity for teachers to be silly with the children.

<u>Puppet Play:</u> Have children to sit in a circle and have the animal puppets say what they are and what sound they make. If children are able to speak have them to repeat the sound and do the action of the animal. Have the puppets help the children count to 3 and say the alphabet. Talk with children about healthy eating and what should be on their plates. Have the puppet to pretend to eat the plastic food and allow children to participate in doing the same. Allow children to touch the puppets and ask questions to the puppets.