

Pride Academy Summer Swimming Lessons Newsletter

Dear Parents and Guardians,

We hope this newsletter finds you well. We are excited to announce the start of our summer swimming lessons at Pride Academy! Our program aims to provide a safe and enjoyable environment for children to learn essential swimming skills while fostering a sense of inclusivity and acceptance. Here are some important details and updates for the month of July.

Swimming Lesson Schedule

Mondays:
 - July 17, 2023
 - July 24, 2023
 - July 31, 2023

Wednesdays:
 - July 5, 2023
 - July 12, 2023
 - July 19, 2023
 - July 26, 2023

Tuesdays:
 - July 11, 2023
 - July 18, 2023
 - July 25, 2023

Thursdays:
 - July 6, 2023
 - July 13, 2023
 - July 20, 2023
 - July 27, 2023

Mondays and Wednesdays:

Jordan YMCA
 8400 Westfield Blvd
 Indianapolis, IN 46240

Tuesdays and Thursdays:

Irsay YMCA
 430 S Alabama St
 Indianapolis, IN 46225



Swimming Rules

1. Always listen to and follow the instructions of the swimming instructors and lifeguards.
2. No running on the pool deck to prevent slips and accidents.
3. Dive only in designated areas under the supervision of the instructor.
4. Swim with a buddy and never go into the deep end alone.
5. Use appropriate swimwear and goggles for better comfort and vision.
6. Respect other swimmers by avoiding disruptive behavior or horseplay.
7. Inform the instructor of any concerns or difficulties your child may have during the lessons.
8. Remember to stay hydrated and apply sunscreen before entering the pool.

Please ensure your child arrives on time with their swimwear, towels, and any required swimming aids. We encourage parents and guardians to stay present during the lessons and support their child's progress. Don't forget to cheer them on and celebrate their accomplishments!

If you have any questions, concerns, or need further information, please do not hesitate to contact our team at Pride Academy. We look forward to a fun-filled and successful summer swimming program.



Pride Academy West 1
 5615 W 22nd Street
 Indianapolis, IN 46224
 317.247.1553

Pride Academy West 2
 5570 Crawfordsville Road
 Speedway, IN 46224

Pride Academy North
 5711 N. Michigan Road
 Indianapolis, IN 46228
 317.672.9200

Pride Academy (East1)
 Washington Park
 Community Center
 3130 E 30th Street
 Indianapolis, IN 46218

Pride Academy (East 2)
 Christian Park
 Community Center
 4200 English Avenue
 Indianapolis, IN 46201

Pride Academy (East 3)
 Pride Park
 Community Center
 1129 Vandeman Street
 Indianapolis, IN 46203