

Month: January Week: 1

Subject: Approaches to Play and Learning/ Physical Health and Growth

<b>Day 1</b>	<b>Topic(s)</b>		<b>Foundation(s)</b>	
	<ul style="list-style-type: none"> <li>Theme: Kwanzaa</li> <li>Shape: Oblong</li> <li>Number: 1</li> <li>Color: Black, Red, Green</li> <li>Letter: Ss</li> </ul>		<p>APL1.2: Demonstrate interest and curiosity as a learner</p> <p>PHG1.2: Demonstrate development safety practices</p>	
<b>Indicators</b>	<b>Young Preschool (3s- 4 ½)</b>		<b>Older Preschool (4 ½ to 5s)</b>	
	<p>Exhibit willingness to try new experiences.</p> <p>Identify ways to play safely</p>		<p>Exhibit willingness to try new ex</p> <p>Demonstrate basic safety knowle</p>	

### Activities

Class will make Kwanzaa paper chain links by using the pattern that teacher wants the class to create. on the skill level of the class, teacher draw lines of the links for the children to cut out and glue or te have the paper cut out for children. The teacher will show an example of the pattern the class is crea the children will create and put their links together.

### Resources and Materials

- Black, green, and red construction paper
- Scissors
- Glue

### Topic Related Language/ Key Vocabulary

Kwanzaa  
Pattern

### Supports



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<b>Day 2</b>	<b>Topic(s)</b>	<b>Foundation(s)</b>
	<ul style="list-style-type: none"> <li>• Theme: Kwanzaa</li> <li>• Shape: Oblong</li> <li>• Number: 1</li> <li>• Color: Black, Red, Green</li> <li>• Letter: Ss</li> </ul>	<p>APL3.1: Demonstrate development sustained attention and persistence</p> <p>PHG2.1: Demonstrate how the 5 senses support processing information</p>
<b>Indicators</b>	<b>Young Preschool (3s- 4 ½)</b>	<b>Older Preschool (4 ½ to 5s)</b>
	Demonstrate ability to delay gratification for short periods of time.	Focus on activity with deliberate despite distractions and/or temporary
	Use tactile, visual, auditory, olfactory, and gustatory information accomplish tasks.	Use tactile, visual, auditory, olfactory, gustatory information accomplish

<b>Activities</b>	
<p>Teachers will click on the link to access the <a href="#">DIY Magic Unpoppable Bubbles</a> and do the activity with the instructions described in the instructions on the site.</p> <p>During the experiment ask the following questions to the children:</p> <p>What happened to the bubble?</p> <p>Did it pop?</p> <p>When we poke it, did it pop?</p>	
<b>Resources and Materials</b>	
1 cup of Water, 1 Tablespoon of Sugar, 2 Tablespoon of Liquid Dish Soap, Straws	
<b>Topic Related Language/ Key Vocabulary</b>	<b>Supports</b>

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<b>Day 3</b>	<b>Topic(s)</b>		<b>Foundation(s)</b>	
	<ul style="list-style-type: none"> <li>Theme: Kwanzaa</li> <li>Shape: Oblong</li> <li>Number: 1</li> <li>Color: Black, Red, Green</li> <li>Letter: Ss</li> </ul>		APL4.1: Demonstrate development social interactions during play PHG2.2: Demonstrate development body awareness and physical activity	
<b>Indicators</b>	<b>Young Preschool (3s- 4 ½)</b>		<b>Older Preschool (4 ½ to 5s)</b>	
	Participate in play activities with a small group of children Participate in structures and unstructured active physical play, exhibiting increasing strength and stamina for sustained periods of time.		Begin to accept and share leadership Participate in structures and unstructured physical play, exhibiting increasing stamina for sustained periods of time.	

<b>Activities</b>	
Play: Kwanzaa Celebration song on YouTube <a href="https://youtu.be/t7fM5yjmVRY?si=50EYW7PqUC2PsBms">https://youtu.be/t7fM5yjmVRY?si=50EYW7PqUC2PsBms</a> Read Aloud: Today we are going to learn a song called Kwanzaa Celebration. We will practice this song for today and then we will sing it together with our friends in the building on the last day of the week!	
<b>Resources and Materials</b>	
<ul style="list-style-type: none"> <li>Computer/ Tablet</li> <li>Speaker</li> <li>Kwanzaa Celebration song on YouTube <a href="https://youtu.be/t7fM5yjmVRY?si=50EYW7PqUC2PsBms">https://youtu.be/t7fM5yjmVRY?si=50EYW7PqUC2PsBms</a></li> </ul>	
<b>Topic Related Language/ Key Vocabulary</b>	<b>Supports</b>
Kwanzaa Swahili	

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<b>Day 4</b>	<b>Topic(s)</b>		<b>Foundation(s)</b>
	<ul style="list-style-type: none"> <li>● Theme: Kwanzaa</li> <li>● Shape: Oblong</li> <li>● Number: 1</li> <li>● Color: Black, Red, Green</li> <li>● Letter: Ss</li> </ul>		APL4.1: Demonstrate development social interactions during play PHG2.2: Demonstrate development body awareness and physical activ
<b>Indicators</b>	<b>Young Preschool (3s- 4 ½)</b>		<b>Older Preschool (4 ½ to 5s)</b>
	Participate in play activities with a small group of children Participate in structures and unstructured active physical play, exhibiting increasing strength and stamina for sustained periods of time.		Begin to accept and share leader Participate in structures and unphysical play, exhibiting increasing stamina for sustained periods of

**Activities**

Play: Kwanzaa Celebration song on YouTube  
<https://youtu.be/t7fM5yjmVRY?si=50EYW7PqUC2PsBms>

Read Aloud:  
*Today we are going to learn a song called Kwanzaa Celebration. We will practice this song today and then we will sing it together with our friends in the building tomorrow! We are also going to add dancing when we say the words "Kwanzaa, Kwanzaa Celebration".*  
 The dance can be any dance that the teacher and children come up with. Add instruments, ribbon/ scarfs to the dance.

**Resources and Materials**

- Computer/ Tablet
- Speaker
- Kwanzaa Celebration song on YouTube  
<https://youtu.be/t7fM5yjmVRY?si=50EYW7PqUC2PsBms>
- Instruments
- Ribbons/ Scarfs

**Topic Related Language/ Key Vocabulary**      **Supports**

Kwanzaa  
Swahili

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<b>Day 5</b>	<b>Topic(s)</b>	<b>Foundation(s)</b>
	<ul style="list-style-type: none"> <li>Theme: Kwanzaa</li> <li>Shape: Oblong</li> <li>Number: 1</li> <li>Color: Black, Red, Green</li> <li>Letter: Ss</li> </ul>	<p>APL4.1: Demonstrate development social interactions during play</p> <p>PHG2.2: Demonstrate development body awareness and physical activ</p>
<b>Indicators</b>	<b>Young Preschool (3s- 4 ½)</b>	<b>Older Preschool (4 ½ to 5s)</b>
	<p>Participate in play activities with a small group of children</p> <p>Participate in structures and unstructured active physical play, exhibiting increasing strength and stamina for sustained periods of time.</p>	<p>Begin to accept and share leadership</p> <p>Participate in structures and unstructured physical play, exhibiting increasing stamina for sustained periods of time.</p>

### Activities

Play: Kwanzaa Celebration song on YouTube <https://youtu.be/t7fM5yjmVRY?si=50EYW7PqUC2PsBms>

Read Aloud:

*Today we will practice and sing our song Kwanzaa Celebration song with our friends around the building.*

After practicing the song, the class will do a small presentation for the building to share what they learned about Kwanzaa.

### Resources and Materials

- Computer/ Tablet
- Speaker
- Kwanzaa Celebration song on YouTube <https://youtu.be/t7fM5yjmVRY?si=50EYW7PqUC2PsBms>
- Instruments
- Ribbons/ Scarfs

### Topic Related Language/ Key Vocabulary

Kwanzaa  
Swahili

### Supports