



Month: January Week: 1

Subject: Student Wellbeing

Day 1	Topic(s)		Foundation(s)	
	<ul style="list-style-type: none">• Theme: Kwanzaa• Shape: Oblong• Number: 1• Color: Black, Red, Green• Letter: Ss		SW4.1: Demonstrate relationship skills	
Indicators				
	Young Preschool (3s- 4 ½)		Older Preschool (4 ½ to 5s)	
	Participate in cooperative play experiences with some adult guidance		Form connections across diverse backgrounds	

Activities

Read pages 4-8 of "Kwanzaa" by Artika R. Tyner

During reading ask questions:

- What holidays do you celebrate? (Name some holidays and have children raise their hands if they celebrate)
- What color are the candles that the little girl is lighting?
- What food do you see in the pictures?

Then have them color the [Kwanzaa](#) coloring sheet

Resources and Materials

- Book: Kwanzaa by Artika R. Tyner



- Kwanzaa Coloring sheet
- Crayons

Topic Related Language/ Key Vocabulary	Supports
Kwanzaa- means "first" Africa Swahili	Indianapolis Public Library will have Kwanzaa by Artika R. Tyner



Month: January Week: 1
Subject: Student Wellbeing

Day 2	Topic(s)	Foundation(s)
	<ul style="list-style-type: none">• Theme: Kwanzaa• Shape: Oblong• Number: 1• Color: Black, Red, Green• Letter: Ss	SW4.1: Demonstrate relationship skills
Indicators		
	Young Preschool (3s- 4 $\frac{1}{2}$)	Older Preschool (4 $\frac{1}{2}$ to 5s)
	Participate in cooperative play experiences with some adult guidance	Form connections across diverse backgrounds

Activities

Read pages 8-15 of "Kwanzaa" by Artika R. Tyner

Ask questions during the book read:

- How many days do people celebrate Kwanzaa?
- Has anybody heard of Africa? (Make sure that a map is available)
- How do you think you can get to Africa from here? (They can say airplane, ship/ boat).

Then have class to make a [Kwanzaa Necklace Craft](#) (this can also be made into a bracelet).

Resources and Materials

- Book: Kwanzaa by Artika R. Tyner
- Black/Green/Red Paint, Paint Brush, Penne/ Rigatoni, Yarn, Scissors, Paper Towel

Topic Related Language/ Key Vocabulary

Supports



Kwanzaa- means "first" Africa Swahili	Indianapolis Public Library will have Kwanzaa by Artika R. Tyner
---	--



Month: January Week: 1

Subject: Student Wellbeing

Day 3	Topic(s)	Foundation(s)
	<ul style="list-style-type: none">• Theme: Kwanzaa• Shape: Oblong• Number: 1• Color: Black, Red, Green• Letter: Ss	SW2.1: Demonstrate self- control
Indicators	Young Preschool (3s- 4 $\frac{1}{2}$)	Older Preschool (4 $\frac{1}{2}$ to 5s)
	Manage a range of impulses with adult support	Manage a range of impulses

Activities

View the [Growing Lima Beans](#) page and follow the activity. Each day children and teachers will chart how their lima bean is spouting by keeping a daily journal of what it is doing. They will draw a picture each day to chart the growth of their sprouts.

Resources and Materials

- Sandwich Zip Bag, Cotton Ball, Lima Beans, Water
- Composition Notebook/ Notebook/ Stapled Papers as a book
- Pencils and Crayons

Topic Related Language/ Key Vocabulary

Supports

--	--



Month: January Week: 1
Subject: Student Wellbeing

Day 4	Topic(s)	Foundation(s)
	<ul style="list-style-type: none">• Theme: Kwanzaa• Shape: Oblong• Number: 1• Color: Black, Red, Green• Letter: Ss	SW2.1: Demonstrate self- control
Indicators	Young Preschool (3s- 4 $\frac{1}{2}$)	Older Preschool (4 $\frac{1}{2}$ to 5s)
	Manage a range of impulses with adult support	Manage a range of impulses

Activities

View the [Growing Lima Beans](#) page and follow the activity. Each day children and teachers will chart how their lima bean is spouting by keeping a daily journal of what it is doing. They will draw a picture each day to chart the growth of their sprouts.

Resources and Materials

- Sandwich Zip Bag, Cotton Ball, Lima Beans, Water
- Composition Notebook/ Notebook/ Stapled Papers as a book
- Pencils and Crayons

Topic Related Language/ Key Vocabulary

Supports

--	--



Month: January Week: 1

Subject: Student Wellbeing

Day 5	Topic(s)	Foundation(s)
	<ul style="list-style-type: none">• Theme: Kwanzaa• Shape: Oblong• Number: 1• Color: Black, Red, Green• Letter: Ss	SW2.1: Demonstrate self- control
Indicators	Young Preschool (3s- 4 $\frac{1}{2}$)	Older Preschool (4 $\frac{1}{2}$ to 5s)
	Manage a range of impulses with adult support	Manage a range of impulses

Activities

View the [Growing Lima Beans](#) page and follow the activity. Each day children and teachers will chart how their lima bean is spouting by keeping a daily journal of what it is doing. They will draw a picture each day to chart the growth of their sprouts.

Resources and Materials

- Sandwich Zip Bag, Cotton Ball, Lima Beans, Water
- Composition Notebook/ Notebook/ Stapled Papers as a book
- Pencils and Crayons

Topic Related Language/ Key Vocabulary

Supports

--	--