



## Month: January Week: 3

### Subject: Approaches to Play and Learning

Day 1	Topic(s)	Foundation(s)
	<b>Theme:</b> Martin Luther King Jr. <b>Shape:</b> Triangle <b>Number:</b> 3 <b>Color:</b> Blue <b>Letter:</b> Dd	<b>APL1 .1:</b> Demonstrate initiative and self-direction.
Indicators	Infants (0-6 months)	Infants (6-12 months)
	Follow the teacher's hand movements as they guide the triangle object.	Attempt to reach for or track the triangle object independently.



Activities	
<p>The teacher will roll or slide a soft, triangle-shaped object across a mat, saying, "Watch the triangle move!" For younger infants, the teacher will hold the object closer to their line of sight, gently moving it from side to side while narrating, "The triangle is moving left and right!" Caregivers will encourage older infants to track the object visually or reach out to touch it.</p>	
Resources and Materials	
<ul style="list-style-type: none"><li>• Soft triangle-shaped objects</li><li>• Clean play mat</li></ul>	
Topic Related Language/ Key Vocabulary	Supports
Triangle, move, roll, track	

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## Subject: Approaches to Play and Learning

Day 2	Topic(s)		Foundation(s)	
	<b>Theme:</b> Martin Luther King Jr. <b>Shape:</b> Triangle <b>Number:</b> 3 <b>Color:</b> Blue <b>Letter:</b> Dd		<b>APL1.2:</b> Demonstrate interest and curiosity as a learner.	
Indicators				
	Infants (0-6 months)		Infants (6-12 months)	
Touch or observe blocks as the teacher stacks them.		Reach for or manipulate blocks with caregiver guidance.		

### Activities

The teacher will stack blue blocks in front of the infants, narrating the action: "One block, two blocks, three blocks!" For younger infants, the teacher will guide their hands to feel the texture and shape of the blocks,



saying, "This block is smooth!" Older infants will be encouraged to touch, hold, or attempt to stack the blocks themselves.

### Resources and Materials

- Blue stacking blocks
- Soft mat

### Topic Related Language/ Key Vocabulary

Block, stack, blue, touch

### Supports



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## Subject: Approaches to Play and Learning

Day 3	Topic(s)		Foundation(s)	
	<b>Theme:</b> Martin Luther King Jr. <b>Shape:</b> Triangle <b>Number:</b> 3 <b>Color:</b> Blue <b>Letter:</b> Dd		APL2.1: Demonstrate development of flexible thinking during play.	
Indicators				
	Infants (0-6 months)		Infants (6-12 months)	
Focus on the motion of the liquids as the teacher mixes them.		React to the separation of oil and water with sounds or gestures.		

### Activities

The teacher will use a clear container to demonstrate the mixing of water and oil, shaking it gently and saying, "Look! The water and oil are mixing." For younger infants, the teacher will bring the container closer and slowly



tilt it, describing the motion: "The oil moves up, and the water stays below!" Older infants will be encouraged to point at or vocalize reactions to the liquid movements.

### Resources and Materials

- Clear container with water and oil
- Clean surface for demonstration

### Topic Related Language/ Key Vocabulary

Oil, water, mix, separate

### Supports



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## Subject: Approaches to Play and Learning

Day 4	Topic(s)		Foundation(s)	
	<b>Theme:</b> Martin Luther King Jr. <b>Shape:</b> Triangle <b>Number:</b> 3 <b>Color:</b> Blue <b>Letter:</b> Dd		<b>APL4.1:</b> Demonstrate development of social interactions during play.	
Indicators				
	Infants (0-6 months)		Infants (6-12 months)	
Respond to the teacher's guided actions with smiles or coos.		Imitate simple play actions with caregiver support.		

### Activities

The teacher will lead play with toys, such as gently rolling a ball or shaking a rattle, saying, "Let's play together!" For younger infants, the teacher will place the toy near their hands or gently shake it for their observation,



narrating, "You're looking at the rattle!" Older infants will be encouraged to mimic actions, such as rolling or shaking, with caregiver assistance.

### Resources and Materials

- Infant-safe balls and rattles
- Open play area

### Topic Related Language/ Key Vocabulary

Play, rattle, shake, roll

### Supports

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## Subject: Approaches to Play and Learning

Day 5	Topic(s)		Foundation(s)	
	<b>Theme:</b> Martin Luther King Jr. <b>Shape:</b> Triangle <b>Number:</b> 3 <b>Color:</b> Blue <b>Letter:</b> Dd		<b>APL3.2:</b> Demonstrate development of sustained attention and persistence.	
Indicators				
	Infants (0-6 months)		Infants (6-12 months)	
Observe and touch triangle objects with teacher guidance.		Grasp and hold triangle objects with caregiver assistance.		

### Activities

The teacher will offer soft triangle-shaped toys to the infants, saying, "Can you hold the triangle?" For younger infants, the teacher will gently place the toy in their hands, guiding their grip and describing the texture: "This



triangle is soft and squishy!" Older infants will be encouraged to pick up or hold the toy on their own, with caregivers supporting their efforts.

### Resources and Materials

- Soft triangle-shaped toys
- Comfortable seating area

### Topic Related Language/ Key Vocabulary

Triangle, hold, grip, soft

### Supports