



Month: January Week: 3

Subject: Student Wellbeing

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|------------|---|---|
| Day 1 | Topic(s) | Foundation(s) |
| | Theme: Martin Luther King Jr. Shape: Triangle Number: 3 Color: Blue Letter: Dd | SW1.1: Demonstrate self-awareness and confidence. |
| Indicators | Infants (0-6 months) | Infants (6-12 months) |
| | React to calming music with coos or smiles. | Focus on the music or clap hands with caregiver guidance. |



| Activities | |
|--|---|
| The teacher will play soft, calming instrumental music while saying, "Let's listen to the music and relax!" Caregivers will gently sway or clap hands to the rhythm with younger infants, while older infants will be encouraged to mimic hand motions or tap along. | |
| Resources and Materials | |
| <ul style="list-style-type: none">• Calming instrumental music• Comfortable seating area | |
| Topic Related Language/ Key Vocabulary | Supports |
| | <u>Cozy Winter Coffee Shop Ambience 🎧 Jazz Relaxing Music with Crackling Fireplace for Studying, Work</u> |




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| Day 2 | Topic(s) | | Foundation(s) | |
| | Theme: Martin Luther King Jr. Shape: Triangle Number: 3 Color: Blue Letter: Dd | | SW1.2: Demonstrate identification and expression of emotions. | |
| Indicators | | | | |
| | Infants (0-6 months) | | Infants (6-12 months) | |
| Observe and feel soft-textured toys with caregiver guidance. | | Hold and manipulate soft-textured toys independently. | | |



| Activities | |
|--|---|
| The teacher will provide soft, plush toys with varying textures, saying, "Feel how soft this toy is!" Caregivers will guide younger infants to touch and explore the toys, while older infants will be encouraged to hold or manipulate them independently. The teacher will describe the textures, saying, "This one is soft, and this one crinkles!" | |
| Resources and Materials | |
| Plush toys, textured fabrics (fleece, cotton) Soft mat | |
| Topic Related Language/ Key Vocabulary | Supports |
| Soft, texture, touch, crinkle |  |

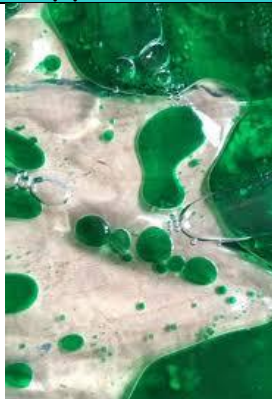


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|---|---|--|--|--|
| Day 3 | Topic(s) | | Foundation(s) | |
| | Theme: Martin Luther King Jr. Shape: Triangle Number: 3 Color: Blue Letter: Dd | | SW1.1: Demonstrate self-awareness and confidence. | |
| Indicators | | | | |
| | Infants (0-6 months) | | Infants (6-12 months) | |
| Observe as the teacher manipulates the sensory bag. | | Press and explore the sensory bag with caregiver guidance. | | |



| Activities | |
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| <p>The teacher will prepare sensory bags filled with water, oil, and glitter, securely sealed and taped for safety. The teacher will say, "See how the water and oil move inside!" Caregivers will guide younger infants to observe the bag, while older infants will be encouraged to press and manipulate it independently.</p> | |
| Resources and Materials | |
| <ul style="list-style-type: none">● Sealed sensory bags with water, oil, and glitter● Tape for added safety | |
| Topic Related Language/ Key Vocabulary | Supports |
| <p>Bag, water, oil, press</p> |  |



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| Day 4 | Topic(s) | Foundation(s) |
| | Theme: Martin Luther King Jr. Shape: Triangle Number: 3 Color: Blue Letter: Dd | SW4.1: Demonstrate relationship skills. |
| Indicators | Infants (0-6 months) | Infants (6-12 months) |
| | Observe as the teacher plays with toys. | Take turns playing with toys alongside caregivers. |

Activities



The teacher will model playing with toys, such as stacking blocks or rolling balls, saying, "Let's play together!" Caregivers will encourage younger infants to observe and play, while older infants will be prompted to participate by holding or stacking toys with caregiver guidance.

Resources and Materials

- Soft stacking blocks, plush balls
- Open play area

Topic Related Language/ Key Vocabulary

Play, together, turn, and toy

Supports

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|--|---|--|--|--|
| Day 5 | Topic(s) | | Foundation(s) | |
| | Theme: Martin Luther King Jr. Shape: Triangle Number: 3 Color: Blue Letter: Dd | | SW1.1: Demonstrate self-awareness and confidence. | |
| Indicators | | | | |
| | Infants (0-6 months) | | Infants (6-12 months) | |
| Focus on their reflection in the mirror. | | Touch or mimic their reflection with caregiver guidance. | | |

Activities



The teacher will place a large, infant-safe mirror on the floor, saying, "Who's in the mirror? That's you!" Caregivers will help younger infants focus on their reflection and gently point to their facial features, saying, "Here's your nose!" Older infants will be encouraged to touch the mirror or mimic facial expressions.

Resources and Materials

- Large, infant-safe mirror
- Soft mat for group play

Topic Related Language/ Key Vocabulary

Mirror, face, look, nose

Supports



Cute crinkle mat engages baby's senses