



# Month: January Week: 3

## Subject: Student Wellbeing

Day 1	Topic(s)		Foundation(s)	
	<b>Theme:</b> Martin Luther King Jr. <b>Shape:</b> Triangle <b>Number:</b> 3 <b>Color:</b> Blue <b>Letter:</b> D		<b>SW1.1:</b> Demonstrate self-awareness and confidence.	
Indicators	Younger Toddlers		Older Toddlers	
	Toddlers may explore soft blue items with teacher guidance.		Toddlers may identify their favorite items and describe how they feel.	



### Activities

The teacher will provide a variety of soft blue items (e.g., blue fabric, stuffed toys, or foam shapes) for toddlers to touch and explore. Toddlers may describe the textures and choose a favorite item. The teacher will ask guiding questions, such as "Is it soft or squishy?" to encourage self-awareness.

### Resources and Materials

- Soft blue items (fabric, toys, foam)

### Topic Related Language/ Key Vocabulary

Soft, blue, touch, feel

### Supports



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## Subject: Student Wellbeing

Day 2	Topic(s)		Foundation(s)	
	<b>Theme:</b> Martin Luther King Jr. <b>Shape:</b> Triangle <b>Number:</b> 3 <b>Color:</b> Blue <b>Letter:</b> D		<b>SW4.1:</b> Demonstrate relationship skills.	
Indicators				
	Younger Toddlers		Older Toddlers	
Toddlers may work with peers during the shape scavenger hunt.		Toddlers may take turns finding and naming shapes with teacher prompts.		

### Activities



The teacher will organize a **shape scavenger hunt** in the classroom or play area, focusing on triangles. Toddlers may search for and collect triangle-shaped items, with the teacher encouraging teamwork and turn-taking. The teacher will prompt social interactions by saying, "Let's find the triangles together!"

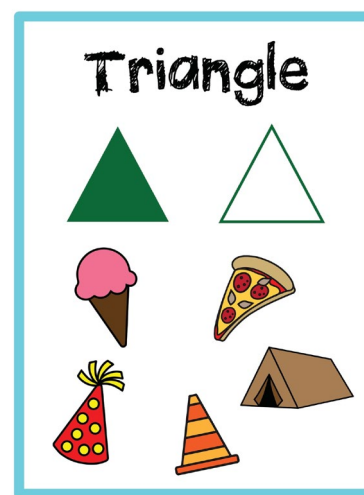
### Resources and Materials

- Classroom Soft blue items (fabric, toys, foam))

### Topic Related Language/ Key Vocabulary

Triangle, find, shape, turn

### Supports



Shapes (v1.0) by Sarah Ahmed 2 www.abbythepup.com

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# Subject: Student Wellbeing

Day 3	Topic(s)		Foundation(s)	
	<b>Theme:</b> Martin Luther King Jr. <b>Shape:</b> Triangle <b>Number:</b> 3 <b>Color:</b> Blue <b>Letter:</b> D	SW2.1: Demonstrate self-control.		
Indicators				
	Younger Toddlers		Older Toddlers	
Toddlers may observe how floating toys move in water.		Toddlers may practice self-control while waiting for their turn to play.		

## Activities



The teacher will set up a water sensory bin with floating toys (e.g., boats, ducks). Toddlers may take turns exploring how the toys float and move in the water. The teacher will encourage patience and sharing, saying, "Let's wait our turn to try!"

### Resources and Materials

- Water sensory bin
- Floating toys (boats, ducks, etc.)

### Topic Related Language/ Key Vocabulary

Float, water, turn, share

### Supports



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# Subject: Student Wellbeing

Day 4	Topic(s)		Foundation(s)	
	<b>Theme:</b> Martin Luther King Jr. <b>Shape:</b> Triangle <b>Number:</b> 3 <b>Color:</b> Blue <b>Letter:</b> D		<b>SW2.1:</b> Demonstrate self-control.	
Indicators				
	Younger Toddlers		Older Toddlers	
Toddlers may jump on triangle shapes with guidance from the teacher.		Toddlers may practice self-control by waiting their turn during the activity.		

## Activities



The teacher will place triangle shapes on the floor for a jumping activity. Toddlers may jump from one triangle to another, practicing movement and coordination. The teacher will facilitate turn-taking and encourage patience, saying, "Let's wait until your friend is done!"

### Resources and Materials

- paper cutouts taped to the floor

### Topic Related Language/ Key Vocabulary

Jump, triangle, wait, turn

### Supports



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## Subject: Student Wellbeing

Day 5	Topic(s)		Foundation(s)	
	<b>Theme:</b> Martin Luther King Jr. <b>Shape:</b> Triangle <b>Number:</b> 3 <b>Color:</b> Blue <b>Letter:</b> D		<b>SW1.2:</b> Demonstrate identification and expression of emotions.	
Indicators				
	Younger Toddlers		Older Toddlers	
Toddlers may dance to the MLK celebration song and express emotions through movement.		Toddlers may discuss how the music makes them feel.		

Activities



The teacher will play an MLK celebration song and encourage toddlers to dance and move to the rhythm. Toddlers may express joy and excitement through their movements and discuss how the music makes them feel. The teacher will guide the discussion by asking, "Does this song make you feel happy or excited?"

### Resources and Materials

- MLK celebration song (child-friendly version)
- Open play area for dancing

### Topic Related Language/ Key Vocabulary

Dance, music, happy, move

### Supports

<https://www.youtube.com/watch?v=Ml3JECbgmo>