



Month: March Week: 3 Subject: Approaches to Play & Learning

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| Day 1 | Topic(s) | Foundation(s) |
| | Theme: Birds & Eggs Discovery Number: 9 Letter: Hh Color: Purple Shape: Rectangle | APL4.1 Demonstrate development of social interactions during play |
| Indicators | Younger Toddlers | Older Toddlers |
| | May flap their arms or move in response to the teacher's prompts. | Can imitate different bird movements and follow simple movement instructions. |

Activity: The teacher will introduce **bird movements** by saying, *"Birds move in many ways! Some flap their wings, some hop, and some waddle. Let's move like birds!"* The teacher will demonstrate **flapping like an eagle, hopping like a robin, waddling like a penguin, and gliding like a hawk.**

- **Younger toddlers** will be encouraged to **imitate simple movements** such as flapping their arms.
- **Older toddlers** will follow along as the teacher calls out different bird movements. The teacher will encourage participation by saying, *"Can you hop like a little bird? Now let's flap our wings and fly!"*

Challenge for Older Toddlers:

Older toddlers will be encouraged to **move at different speeds** (flap fast like a hummingbird, slow like an owl) and respond to simple cues like *"Fly high! Fly low!"*

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| Resources/Materials | Key Vocabulary: | Support: |
| <ul style="list-style-type: none"> • Open space for movement • Music with nature or bird sounds (optional) | Flap Hop Waddle | |

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| Day 2 | Topic(s) | Foundation(s) |
| | Theme: Birds & Eggs Discovery Number: 9 Letter: Hh Color: Purple Shape: Rectangle | APL1.2 Demonstrate interest and curiosity as a learner |
| Indicators | Younger Toddlers | Older Toddlers |
| | Can search for eggs with teacher guidance and place them in a basket. | Can follow simple directions to find and collect eggs independently. |
| <p>Activity: The teacher will hide plastic Easter eggs around the classroom or play area. The teacher will say, <i>"Birds lay eggs. Let's go on a hunt to find them!"</i></p> <ul style="list-style-type: none"> • Younger toddlers will be guided to pick up eggs that the teacher points to and place them into a basket. • Older toddlers will be encouraged to search for eggs on their own while the teacher says, <i>"Look high! Look low! Do you see an egg?"</i> <p>Challenge for Older Toddlers:</p> <p>Older toddlers will be encouraged to sort their eggs by color and count how many they found.</p> | | |
| Resources/Materials | Key Vocabulary: | Support: |
| <ul style="list-style-type: none"> • Plastic Easter eggs • Small baskets for collecting eggs | Find Egg Look | |

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| Day 3 | Topic(s) | Foundation(s) |
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| | Theme: Birds & Eggs Discovery Number: 9 Letter: Hh Color: Purple Shape: Rectangle | APL3.1 Demonstrate development of sustained attention and persistence |
| Indicators | Younger Toddlers | Older Toddlers |
| | Can hold and release a feather while watching it float. | Can toss a feather into the air and try to catch it. |
| <p>Activity: The teacher will give each child a lightweight feather and say, <i>“Birds have feathers! Let’s see what happens when we toss them in the air.”</i></p> <ul style="list-style-type: none"> • Younger toddlers will explore by touching, holding, and letting go of their feather while watching it float down. • Older toddlers will try tossing their feather up and catching it as it drifts down. <p>The teacher will encourage gentle play and talk about how the feather moves.</p> <p>Challenge for Older Toddlers:</p> <p>Older toddlers will be encouraged to blow the feather in different directions and see how air moves it.</p> | | |
| Resources/Materials <ul style="list-style-type: none"> • Craft feathers | Key Vocabulary: Feather Toss Float | Support: |

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| Day 4 | Topic(s) | Foundation(s) |
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| | Theme: Birds & Eggs Discovery Number: 9 Letter: Hh Color: Purple Shape: Rectangle | APL2.1 Demonstrate development of flexible thinking during play |
| Indicators | Younger Toddlers | Older Toddlers |
| | Can watch a feather move as the teacher blows on it. | Can try blowing a feather to make it move. |


Activity: The teacher will place a feather on the table and say, *"Can we make this feather move without touching it? Let's try blowing on it!"*

- **Younger toddlers** will watch as the teacher **blows the feather gently** across the table.
- **Older toddlers** will take turns **blowing their own feathers** and seeing how far they can move them.

The teacher will talk about **how air helps birds fly** and encourage toddlers to **experiment with short and long breaths** to move the feather.

Challenge for Older Toddlers:

Older toddlers will try **blowing the feather across a short "race track" or over a soft surface like a scarf.**

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| Resources/Materials <ul style="list-style-type: none"> • Feathers • Small surface for blowing (table or tray) | Key Vocabulary: Blow Air Move | Support:  |
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| Day 5 | Topic(s) | Foundation(s) |
| | Theme: Birds & Eggs Discovery | APL3.1 Demonstrate development of |



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| | Number: 9 Letter: Hh Color: Purple Shape: Rectangle | sustained attention and persistence |
| Indicators | Younger Toddlers | Older Toddlers |
| | Can carry a plastic egg in their hands while walking. | Can try balancing an egg on a spoon while walking carefully. |


Activity: The teacher will introduce plastic eggs and say, *"Birds take care of their eggs very carefully. Let's see if we can carry our eggs just like birds do!"*

- **Younger toddlers** will carry a plastic egg in their hands while walking across a short distance.
- **Older toddlers** will be challenged to **balance an egg on a spoon** while walking slowly.

The teacher will cheer them on by saying, *"Go slow! Don't let your egg fall!"*

Challenge for Older Toddlers:

Older toddlers will **try walking around simple obstacles** while balancing their egg on a spoon.

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| Resources/Materials <ul style="list-style-type: none"> • Plastic Easter eggs • Spoons (for older toddlers) | Key Vocabulary: Balance Careful Walk | Support:  |
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