



## Month: February Week: 2 Subject: Approaches to Play & Learning

Day 1	<table border="1"> <thead> <tr> <th data-bbox="367 392 891 428">Topic(s)</th> <th data-bbox="899 392 1404 428">Foundation(s)</th> </tr> </thead> <tbody> <tr> <td data-bbox="367 438 891 648">           Theme: Happy Healthy Me!            Number: 5            Letter: Hh            Color: Pink            Shape: Heart         </td> <td data-bbox="899 438 1404 648"> <b>APL1.1:</b> Demonstrate initiative and self-direction.  <b>APL4.1:</b> Demonstrate development of social interactions during play.         </td> </tr> </tbody> </table>		Topic(s)	Foundation(s)	Theme: Happy Healthy Me! Number: 5 Letter: Hh Color: Pink Shape: Heart	<b>APL1.1:</b> Demonstrate initiative and self-direction. <b>APL4.1:</b> Demonstrate development of social interactions during play.
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Theme: Happy Healthy Me! Number: 5 Letter: Hh Color: Pink Shape: Heart	<b>APL1.1:</b> Demonstrate initiative and self-direction. <b>APL4.1:</b> Demonstrate development of social interactions during play.					
Indicators	<table border="1"> <thead> <tr> <th data-bbox="367 753 891 821">Younger Preschool</th> <th data-bbox="899 753 1404 821">Older Preschool</th> </tr> </thead> <tbody> <tr> <td data-bbox="367 831 891 919">Identify ways to take care of people or things.</td> <td data-bbox="899 831 1404 919">Role-play taking care of a friend, pet, or baby doll.</td> </tr> </tbody> </table>		Younger Preschool	Older Preschool	Identify ways to take care of people or things.	Role-play taking care of a friend, pet, or baby doll.
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Identify ways to take care of people or things.	Role-play taking care of a friend, pet, or baby doll.					
<p>Activities: The teacher will introduce the topic by asking, "<b>Who takes care of you at home?</b>" and "<b>How can we take care of others?</b>" Children will engage in a <b>dramatic play activity</b> where they take care of <b>baby dolls, stuffed animals, or pretend pets</b>. They will <b>pretend to feed, brush, and tuck in</b> their baby dolls while discussing <b>why caring for others is important</b>. Older preschoolers will also take turns playing the role of a <b>doctor, nurse, or caregiver</b> and will help their "patients" feel better.</p>						
Resources/Materials <ul style="list-style-type: none"> <li>• Baby dolls or stuffed animals</li> <li>• Toy bottles, brushes, blankets</li> </ul>	Key Vocabulary: Care, Help, Share, Gentle, Love	Support: <a href="#">I Take Care Of Myself (children self-care routine they can proudly accomplish on their own)</a>				



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Day 2	<b>Topic(s)</b>	<b>Foundation(s)</b>
	Theme: Happy Healthy Me! Number: 5 Letter: Hh Color: Pink Shape: Heart	<b>APL3.1:</b> Demonstrate development of sustained attention and persistence. <b>APL4.1:</b> Demonstrate development of social interactions during play.
Indicators	<b>Younger Preschool</b>	<b>Older Preschool</b>
	Take turns sharing toys with a friend.	Work together to complete a shared play activity.
<p>Activities: The teacher will start a discussion by asking, “<b>What does it mean to share?</b>” and “<b>How do you feel when someone shares with you?</b>” Children will then pair up and take turns <b>sharing toys, books, or building materials</b>. The teacher will encourage children to say, “<b>Your turn!</b>” and “<b>My turn!</b>” while they play together. Older preschoolers will <b>collaborate on a shared building or art project</b> while discussing how working together makes activities more fun.</p>		
Resources/Materials	Key Vocabulary:	Support:
<ul style="list-style-type: none"> <li>• Blocks, puzzles, or toy sets</li> <li>• Partner activity cards (optional)</li> </ul>	Share, Turn, Friend, Together, Help	

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<b>Day 3</b>	<b>Topic(s)</b>	<b>Foundation(s)</b>
	Theme: Happy Healthy Me! Number: 5 Letter: Hh Color: Pink Shape: Heart	<b>APL2.1:</b> Demonstrate development of flexible thinking during play. <b>APL 4.1:</b> Demonstrate development of social interactions during play.
<b>Indicators</b>	<b>Younger Preschool</b>	<b>Older Preschool</b>
	Pretend to care for a toy, pet, or baby doll.	Engage in role-playing as a doctor, teacher, or caregiver.
<p>Activities: The teacher will introduce a <b>dramatic play station</b> where children can <b>pretend to be caregivers</b>. They will take on roles such as <b>doctor, veterinarian, parent, or teacher</b> and care for their "patients" by <b>listening to heartbeats, bandaging pretend injuries, or comforting a stuffed animal</b>. Older preschoolers can <b>act out scenarios where they help a sick or sad friend</b> and discuss how kindness helps others feel better.</p>		
Resources/Materials	Key Vocabulary:	Support:
<ul style="list-style-type: none"> <li>• Doctor/vet pretend play kits</li> <li>• Baby dolls or stuffed animals</li> <li>• Bandages, toy stethoscopes</li> </ul>	Care, Doctor, Patient, Nurse, Help, Love	

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<b>Day 4</b>	<b>Topic(s)</b>	<b>Foundation(s)</b>
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	Theme: Happy Healthy Me! Number: 5 Letter: Hh Color: Pink Shape: Heart	<b>APL2.1:</b> Demonstrate development of flexible thinking during play.
<b>Indicators</b>	<b>Younger Preschool</b>	<b>Older Preschool</b>
	Stack blocks to build a simple tower.	Work together to build a tall structure using heart-shaped blocks.
<p>Activities: The teacher will introduce the challenge by saying, "<b>Let's build a strong heart tower!</b>" Children will use <b>blocks, Legos, or other materials</b> to <b>build a structure shaped like a heart or decorated with hearts</b>. Younger preschoolers will <b>stack blocks and focus on balancing</b>, while older preschoolers will <b>problem-solve ways to make their tower taller or stronger</b>. The teacher will discuss how <b>building takes patience, just like taking care of our bodies!</b></p>		
Resources/Materials <ul style="list-style-type: none"> <li>• Blocks, Legos, or cardboard boxes</li> <li>• Heart stickers or cutouts for decorating</li> </ul>	Key Vocabulary: Build, Stack, Strong, Tower, Create	Support:

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<b>Day 5</b>	<b>Topic(s)</b>	<b>Foundation(s)</b>
	Theme: Happy Healthy Me!	<b>APL1.2:</b> Demonstrate interest and



	Number: 5 Letter: Hh Color: Pink Shape: Heart	curiosity as a learner. <b>APL3.1:</b> Demonstrate development of sustained attention and persistence.
<b>Indicators</b>	<b>Younger Preschool</b>	<b>Older Preschool</b>
	Follow along with simple dance moves.	Express themselves through free movement and dancing.
<p>Activities: The teacher will host a "<b>Happy Healthy Me Dance Party!</b>" where children will dance to upbeat music and explore <b>movement, rhythm, and self-expression</b>. Younger preschoolers will <b>follow simple dance moves led by the teacher</b>, while older preschoolers will <b>come up with their own creative movements</b>. The class will discuss how <b>dancing keeps us active and happy!</b></p>		
Resources/Materials <ul style="list-style-type: none"> <li>• Upbeat music</li> <li>• Open space for dancing</li> </ul>	Key Vocabulary: Dance, Move, Music, Happy, Jump	Support: