



PRIDE ACADEMY

NEWSLETTER

JANUARY
WEEK 3

This Week's Highlights

- Theme: Martin Luther King Jr.
- Shape: Triangle
- Number: 3
- Color: Blue
- Letter: Dd

Classroom Activities (Pre-K)

- **English/Language Arts:** Read I Am Brave: A Little Book about MLK Jr. and practice salt tray writing.
- **Mathematics:** Build shapes and complete pizza counting crafts.
- **Science:** Explore the magical milk experiment and grow lima beans.
- **Social Studies:** Watch I Believe in the Dream and create an MLK Jr. coloring sheet.
- **Creative Arts:** Make a triangle art collage and engage in the "I Have a Dream" activity.
- **Physical Growth:** Participate in obstacle courses, sorting games, and sensory exploration.

Quick & Easy Recipe

Dreamy Fruit Smoothie

Ingredients:

- 1 banana
- 1 cup frozen mixed berries
- 1/2 cup oat milk (or your preferred milk)
- 1 tablespoon honey (optional)

Instructions:

1. Place all ingredients in a blender.
2. Blend until smooth.
3. Serve in a cup and enjoy while discussing dreams and kindness!

January Events

Dr. Martin Luther King Jr.
Celebration

PAK Enrichment Camp
(Winter)

Food Pantry (Every Saturday)

Contact Info

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