



Month: April Week: 2 Subject: Approaches to Play & Learning

Day 1	Topic(s)		Foundation(s)	
	Theme: Sailing Into Spring Number: 11 Letter: Jj Color: Pink Shape: Triangle		APL1.1 Demonstrate initiative and self-direction	
Indicators	Younger Preschool		Older Preschool	
	May begin exploring how to group objects by visible features (color, shape).		May sort by more than one attribute and explain thinking.	
<p>Activity: Spring Object Sorting</p> <p>Children may explore a collection of spring-themed objects and sort them into categories based on attributes like color, texture, or size. The teacher can invite children to find all the pink items, sort by smooth vs. bumpy, or create their own sorting rules. This activity encourages curiosity, focus, and flexible thinking.</p>				
Resources/Materials <ul style="list-style-type: none"> • Small spring-themed items (plastic flowers, toy bugs, pom-poms, leaves) • Sorting trays or bins 		Key Vocabulary: sort, pink, group		Support:



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Day 2	Topic(s)	Foundation(s)
	Theme: Sailing Into Spring Number: 11 Letter: Jj Color: Pink Shape: Triangle	APL1.2 Demonstrate interest and curiosity as a learner
Indicators	Younger Preschool	Older Preschool
	May begin to participate in group imaginative play.	May take on roles and collaborate with peers in movement-based play.
<p>Activity: Sail Like the Wind</p> <p>Children may pretend to be sailboats moving with the wind using scarves and movement prompts. The teacher can guide them through music and imaginary scenarios such as “sailing through a storm” or “racing the wind,” encouraging creativity and peer cooperation.</p>		
Resources/Materials <ul style="list-style-type: none"> • Scarves or ribbons • Music player or rhythm instruments 	Key Vocabulary: wind, sail, move	Support:

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Day 3	Topic(s)	Foundation(s)
	Theme: Sailing into Spring Number: 11 Letter: Jj Color: Pink Shape: Triangle	APL3.1 Demonstrate development of sustained attention and persistence
Indicators	Younger Preschool	Older Preschool
	May explore different textures through brief sensory engagement.	May begin to describe textures or relate them to weather concepts.
<p>Activity: Weather Sensory Board</p> <p>Children may explore a sensory board with textures representing different weather types—fluffy cotton for clouds, bumpy foil for rain, scratchy sandpaper for sun, etc. The teacher can guide children in describing how each one feels and what kind of weather it might represent.</p>		
Resources/Materials <ul style="list-style-type: none"> • Foam board or poster • Textures (cotton, foil, sandpaper, felt) • Weather picture cards 	Key Vocabulary: soft, rough, weather	Support:

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Day 4	Topic(s)	Foundation(s)
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	Theme: Sailing Into Spring Number: 11 Letter: Jj Color: Pink Shape: Triangle	APL1.2 Demonstrate interest and curiosity as a learner
Indicators	Younger Preschool	Older Preschool
	May explore textures by touch and compare simple differences.	May describe sensations and use materials creatively.
Activity: Fabric Feel Sensory Exploration Children may explore a variety of fabric textures and talk about how they feel. The teacher can prompt comparisons like “Which one is the softest?” or encourage dramatic play by turning fabrics into blankets, sails, or costumes.		
Resources/Materials <ul style="list-style-type: none"> • Fabric swatches (fleece, burlap, silk, denim) • Baskets or trays • Mirror & dress-up clothes (optional) 	Key Vocabulary: soft, fabric, feel	Support:

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Day 5	Topic(s)	Foundation(s)
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	Theme: Sailing Into Spring Number: 11 Letter: Jj Color: Pink Shape: Triangle	APL3.1 Demonstrate development of sustained attention and persistence
Indicators	Younger Preschool	Older Preschool
	May explore building materials with simple stacking or gluing	May problem-solve, adjust designs, or collaborate with peers
<p>Activity: Build a Boat Challenge</p> <p>Children may use a variety of materials to build boats that can float. The teacher can encourage testing and re-building, asking, “What could make it stronger?” or “Can you build one together?” This promotes problem-solving and cooperative play.</p>		
Resources/Materials <ul style="list-style-type: none"> ● Foam, tape, straws, craft sticks, cups ● Water bin or tub 	Key Vocabulary:	Support: