



Month: August Week: 1 Subject: Approaches to Play & Learning

Day 1	Topic(s)	Foundation(s)
	Theme: All About Me Number: 4 Letter: Ww Color: White Shape: Rectangle	APL1.1 Demonstrate initiative and self-direction APL2.1 Demonstrate development of flexible thinking during play
Indicators	Younger Infants	Older Infants
	May hold and shake a rattle briefly.	May explore rattles in different ways (shaking, banging).

Activity: **Rattle Exploration**

Provide a variety of safe rattles for infants to explore. Encourage them to shake, tap, and turn the rattles to hear different sounds. Describe what they are doing using simple words like “shake” and “loud.” For older infants, offer two rattles to explore using both hands. Allow plenty of time for free exploration and repetition.

Resources/Materials <ul style="list-style-type: none"> Various infant-safe rattles 	Key Vocabulary: shake, loud, rattle	Support:
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Day 2	Topic(s)	Foundation(s)
	Theme: All About Me Number: 4 Letter: Ww Color: White Shape: Rectangle	APL3.1 Demonstrate development of sustained attention and persistence APL4.1 Demonstrate development of social interactions during play
Indicators	Younger Infants	Older Infants
	May watch as a blanket covers and reveals the face.	May pull the blanket down to reveal.

Activity: **Blanket Peek-a-Boo**

Use a light blanket to cover your face, then lower it while saying “Peek-a-boo!” Encourage infants to watch and anticipate the reveal. For older infants, place the blanket over your head and invite them to pull it down. This activity encourages social interaction and problem-solving through playful repetition.

Resources/Materials • Light blanket	Key Vocabulary: peek, boo, hide	Support:
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Day 3	<table> <tr> <th data-bbox="380 373 899 405">Topic(s)</th><th data-bbox="899 373 1416 405">Foundation(s)</th></tr> <tr> <td data-bbox="380 405 899 594"> Theme: All About Me Number: 4 Letter: Ww Color: White Shape: Rectangle </td><td data-bbox="899 405 1416 594"> APL1.2 Demonstrate interest and curiosity as a learner APL2.1 Demonstrate development of flexible thinking during play </td></tr> </table>	Topic(s)	Foundation(s)	Theme: All About Me Number: 4 Letter: Ww Color: White Shape: Rectangle	APL1.2 Demonstrate interest and curiosity as a learner APL2.1 Demonstrate development of flexible thinking during play
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May watch objects move when pushed.	May push or pull toys independently.				
<p>Activity: Push & Pull</p> <p>Offer safe push-and-pull toys such as rolling cars or animals on wheels. Show infants how to push the toy away and pull it back. Narrate the actions as you demonstrate. For older infants, encourage them to move the toys toward and away from themselves.</p>					
Resources/Materials <ul style="list-style-type: none"> • Infant-safe push-and-pull toys 	<table> <tr> <td data-bbox="545 1121 880 1184">Key Vocabulary: push, pull, roll</td><td data-bbox="880 1121 1416 1184">Support:</td></tr> </table>	Key Vocabulary: push, pull, roll	Support:		
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Day 4	Topic(s)		Foundation(s)	
	Theme: All About Me Number: 4 Letter: Ww Color: White Shape: Rectangle		APL2.1 Demonstrate development of flexible thinking during play APL3.1 Demonstrate development of sustained attention and persistence	
Indicators	Younger Infants		Older Infants	
	May touch or mouth puzzle pieces.		May attempt to fit puzzle pieces into slots.	
Activity: Puzzle Introduction Present large, chunky puzzle pieces for tactile exploration. Allow younger infants to touch and handle pieces while you describe them. For older infants, demonstrate how a piece fits into its space, then invite them to try. Praise effort and exploration over completion.				
Resources/Materials <ul style="list-style-type: none">Large knob or chunky puzzles		Key Vocabulary: piece, fit, puzzle		Support:



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Day 5	Topic(s) Theme: All About Me Number: 4 Letter: Ww Color: White Shape: Rectangle	Foundation(s) APL1.2 Demonstrate interest and curiosity as a learner APL4.1 Demonstrate development of social interactions during play
Indicators	Younger Infants	Older Infants
	May look at or touch items briefly.	May explore multiple items with hands and mouth (supervised).
Activity: Sensory Basket Fill a low basket with safe objects of varying textures, shapes, and colors. Encourage infants to reach in and choose an item to explore. Name the item and describe its texture. Rotate items during the week to maintain curiosity.		
Resources/Materials <ul style="list-style-type: none"> Sensory basket with safe objects 	Key Vocabulary: soft, round, color	Support: