



Month: June Week: 1 Subject: Student Wellbeing

Day 1	<table> <tr> <th data-bbox="367 392 889 428">Topic(s)</th><th data-bbox="889 392 1404 428">Foundation(s)</th></tr> <tr> <td data-bbox="367 428 889 653"> Theme: Sunny Days Ahead Number: 16 Letter: Oo Color: Blue Shape: Rectangle </td><td data-bbox="889 428 1404 653"> SW2.1 Demonstrate self-control </td></tr> </table>	Topic(s)	Foundation(s)	Theme: Sunny Days Ahead Number: 16 Letter: Oo Color: Blue Shape: Rectangle	SW2.1 Demonstrate self-control
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Indicators	<table> <tr> <th data-bbox="367 751 889 821">Younger Infants</th><th data-bbox="889 751 1404 821">Older Infants</th></tr> <tr> <td data-bbox="367 821 889 919">May respond to rhythmic rocking or calm voice.</td><td data-bbox="889 821 1404 919">May settle or mirror deep breathing sounds.</td></tr> </table>	Younger Infants	Older Infants	May respond to rhythmic rocking or calm voice.	May settle or mirror deep breathing sounds.
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May respond to rhythmic rocking or calm voice.	May settle or mirror deep breathing sounds.				
<p>Activity: Breathing With Baby</p> <p>Hold the infant chest-to-chest or across your lap. Gently breathe in and out with exaggerated sound: “Inhale... exhale.” Rock slowly and model calm voice and movement.</p>					
Resources/Materials <ul style="list-style-type: none"> Blanket or glider chair 	<table> <tr> <td data-bbox="529 1167 867 1289">Key Vocabulary: breathe, calm, slow</td><td data-bbox="867 1167 1404 1289">Support:</td></tr> </table>	Key Vocabulary: breathe, calm, slow	Support:		
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Day 2	Topic(s)	Foundation(s)
	Theme: Sunny Days Ahead Number: 16 Letter: Oo Color: Blue Shape: Rectangle	SW1.1 Demonstrate self-awareness and confidence
Indicators	Younger Infants	Older Infants
	May smile or make eye contact with mirror image.	May coo, touch mirror, or mimic facial expressions.
<p>Activity: Smiles in Mirror</p> <p>Lay baby in front of a baby-safe mirror or hold them to it. Say, “Who do you see?” and make happy or silly faces. Wait for reactions and repeat with excitement.</p>		
Resources/Materials	Key Vocabulary:	Support:
<ul style="list-style-type: none"> Baby-safe mirror 	smile, face, happy	

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Infant Curriculum

Day 3	Topic(s)	Foundation(s)
	Theme: Sunny Days Ahead Number: 16 Letter: Oo Color: Blue Shape: Rectangle	SW4.1 Demonstrate relationship skills
Indicators	Younger Infants	Older Infants
	May calm with physical closeness and music.	May reach out to peers or respond to group sound.

Activity: **Hug & Rock Circle**

Hold infants or have them in a circle during quiet song time. Rock gently while singing or playing soft music. Encourage older infants to hold a stuffed toy or gently pat a peer.

Resources/Materials	Key Vocabulary:	Support:
<ul style="list-style-type: none"> Soft music Stuffed animals 	hug, rock, love	

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Day 4	Topic(s)	Foundation(s)
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Infant Curriculum

	Theme: Sunny Days Ahead Number: 16 Letter: Oo Color: Blue Shape: Rectangle	SW1.2 Demonstrate identification and expression of emotions
Indicators	Younger Infants	Older Infants
	May respond with facial expressions or coos.	May attempt to imitate tone or inflection.
Activity: Soft Talk Time Engage in gentle back-and-forth vocal play. Use soft tones to say the baby's name, "I see you," and describe feelings like "happy," "tired," or "calm." Pause for response and mimic baby's sounds.		
Resources/Materials <ul style="list-style-type: none"> None (face-to-face time) 	Key Vocabulary: hello, love, calm	Support:

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Day 5	Topic(s)	Foundation(s)
	Theme: Sunny Days Ahead	SW2.1 Demonstrate self-control



Infant Curriculum

	Number: 16 Letter: Oo Color: Blue Shape: Rectangle	
Indicators	Younger Infants	Older Infants
	May blink, coo, or shift with the breeze.	May smile or reach toward a flowing item.
Activity: Gentle Wind Sensory Use a handheld fan, open window, or soft towel to create a breeze. Let the baby feel it while on a blanket. Use soft words like “wind,” “cool,” and “breeze.”		
Resources/Materials <ul style="list-style-type: none"> • Small fan or towel • Blanket 	Key Vocabulary: wind, cool, feel	Support: