



Month: July Week: 3 Subject: Approaches to Play & Learning

Day 1	Topic(s)	Foundation(s)
	Theme: Picnic Adventures Number: 1 Letter: Tt Color: Peach Shape: Circle	APL1.2 Demonstrate interest and curiosity as a learner
Indicators		
	Younger Infants	Older Infants
	May bat at or stare at hanging toys.	May reach, grab, or kick at toys.

Activity: Play Gym

Set infants under an overhead play gym with hanging toys, especially ones featuring circles or T-shaped toys. Encourage reaching or batting movements by gently tapping toys to sway. Narrate what they're doing, saying "You touched the circle!" For older infants, help them grasp toys, promoting curiosity and motor skills.

Resources/Materials <ul style="list-style-type: none"> Overhead play gym with hanging toys 	Key Vocabulary: reach, touch, circle	Support:
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Day 2	Topic(s)		Foundation(s)	
	Theme: Picnic Adventures Number: 1 Letter: Tt Color: Peach Shape: Circle		APL3.1 Demonstrate development of sustained attention and persistence	
Indicators	Younger Infants		Older Infants	
	May roll from tummy to back or back to side with help.		May roll multiple times or try returning to tummy.	
Activity: Rolling				
Place infants on a soft mat, encouraging rolling by placing a favorite toy just out of reach. Say “Roll to the toy!” and celebrate attempts. Narrate movements and describe shapes they pass over, e.g., “You rolled past the circle pillow!” For older infants, prompt multiple rolls, building persistence and body awareness.				
Resources/Materials <ul style="list-style-type: none">Soft matFavorite toy		Key Vocabulary: roll, reach, move		Support:



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Day 3	Topic(s) Theme: Picnic Adventures Number: 1 Letter: Tt Color: Peach Shape: Circle	Foundation(s) APL1.2 Demonstrate interest and curiosity as a learner APL3.1 Demonstrate development of sustained attention and persistence
Indicators	Younger Infants	Older Infants
	May watch floating objects or track movement.	May shake bottles or hold them with both hands.
Activity: Sensory Bottles Make simple bottles with water, glitter, or a big foam letter T inside. Show bottles to infants, rolling them slowly while narrating “Look at the circle floating!” Encourage older infants to grasp and shake bottles, supporting curiosity, attention, and sensory exploration.		
Resources/Materials <ul style="list-style-type: none"> Sealed sensory bottles with safe materials 	Key Vocabulary: bottle, shake, T	Support:



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Day 4	Topic(s)		Foundation(s)	
	Theme: Picnic Adventures Number: 1 Letter: Tt Color: Peach Shape: Circle		APL1.1 Demonstrate initiative and self-direction	
Indicators	Younger Infants		Older Infants	
	May touch or mouth items in the box.		May pull out items and explore them independently.	
Activity: Treasure Box				
Fill a basket with safe household items (e.g., wooden spoon, silicone circle ring). Place it within reach, encouraging infants to explore at their own pace. Name items and emphasize “circle” when pointing to round objects. For older infants, support pulling items out, boosting initiative, and fine motor skills.				
Resources/Materials <ul style="list-style-type: none">Basket or boxSafe household items		Key Vocabulary: find, circle, explore		Support:



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Day 5	Topic(s)		Foundation(s)	
	Theme: Picnic Adventures Number: 1 Letter: Tt Color: Peach Shape: Circle		APL1.2 Demonstrate interest and curiosity as a learner APL4.1 Demonstrate development of social interactions during play	
Indicators	Younger Infants		Older Infants	
	May watch surroundings from a stroller or carrier.		May babble, point, or show excitement.	
Activity: Walk				
Take infants for a short stroller or carrier walk outdoors. Point out circles like wheels or signs, saying, “Look! A circle!” Narrate what you see, highlighting T words like “tree” or “truck” along the way. For older infants, encourage pointing or babbling about sights, fostering curiosity and early social interaction.				
Resources/Materials <ul style="list-style-type: none">Stroller or carrier		Key Vocabulary: walk, tree, circle		Support: