



Month: June Week: 3 Subject: Physical Health & Growth

Day 1	Topic(s)		Foundation(s)	
	Theme: Let’s Go to the Zoo Number: 18 Letter: Qq Color: Purple Shape: Square		PHG2.2 Demonstrate development of body awareness and physical activity	
Indicators				
	Younger Infants		Older Infants	
	May kick legs or move arms when prompted.		May mimic movement like crawling, stretching, or bouncing.	
Activity: Animal Moves Playfully guide infants through animal-inspired movements like “Reach like a giraffe!” or “Stomp like an elephant!” Support movement through bouncing or tummy time.				
Resources/Materials <ul style="list-style-type: none">Visuals of animals or stuffed animals		Key Vocabulary: move, stretch, bounce		Support:



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Day 2	Topic(s)		Foundation(s)	
	Theme: Let’s Go to the Zoo Number: 18 Letter: Qq Color: Purple Shape: Square		PHG2.2 Demonstrate development of body awareness and physical activity	
Indicators				
	Younger Infants		Older Infants	
	May watch others crawl or enjoy being carried through the tunnel.		May crawl through a short soft tunnel with encouragement.	
Activity: Tunnel Time Set up a soft crawl tunnel or blanket tunnel. Call the infant’s name and encourage them to crawl through to a favorite toy. Use zoo sounds to make the tunnel fun and inviting.				
Resources/Materials <ul style="list-style-type: none">● Play tunnel or an archway● Plush animals for motivation		Key Vocabulary: tunnel, crawl, go		Support:



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Day 3	Topic(s)		Foundation(s)	
	Theme: Let's Go to the Zoo Number: 18 Letter: Qq Color: Purple Shape: Square		PHG2.1 Demonstrate how the five senses support processing information	
Indicators	Younger Infants		Older Infants	
	May touch or look at floor shapes during tummy time.		May walk (with support) or crawl across foam shapes.	
Activity: Shape Path Walk				
Create a path of soft shapes (squares, circles). Encourage infants to move over or explore the path using crawling or assisted walking. Describe shapes and guide gentle stepping.				
Resources/Materials <ul style="list-style-type: none">Large foam shapes		Key Vocabulary: walk, shape, step		Support:



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Day 4	Topic(s)		Foundation(s)	
	Theme: Let's Go to the Zoo Number: 18 Letter: Qq Color: Purple Shape: Square		PHG3.1 Demonstrate development of fine and gross motor coordination	
Indicators				
	Younger Infants		Older Infants	
	May watch beanbags being tossed.		May pick up or toss small beanbags toward the container.	
Activity: Beanbag Toss				
Give infants small, soft beanbags to hold and toss into a shallow container. Celebrate every attempt. Name colors or count tosses aloud to build language while moving.				
Resources/Materials <ul style="list-style-type: none">Soft beanbagsLaundry basket or box		Key Vocabulary: toss, in, bag		Support:



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Day 5	Topic(s)		Foundation(s)	
	Theme: Let’s Go to the Zoo Number: 18 Letter: Qq Color: Purple Shape: Square		PHG3.1 Demonstrate development of fine and gross motor coordination	
Indicators	Younger Infants		Older Infants	
	May reach for toys placed just out of reach.		May crawl or cruise from one toy station to another.	
Activity: Toy Relay				
Set up toy “stations” spaced across the room. Encourage infants to transition from one mode of movement to another, such as crawling, scooting, or walking. Celebrate with claps or songs at each stop.				
Resources/Materials <ul style="list-style-type: none">Several favorite infant toys		Key Vocabulary: go, toy, stop		Support: