



Month: August Week: 3 Subject: Student Wellbeing

Day 1	Topic(s)	Foundation(s)
	Theme: We're Going to the Fair Number: 3 Letter: Vv Color: Gold Shape: Oval	SW1.1 Demonstrate self-awareness and confidence SW2.1 Demonstrate self-control
Indicators		
	Younger Infants	Older Infants
	May relax or smile while listening.	May sway, bounce, or clap along.

Activity: **Gentle Music Time**

Play calming music during floor play. Sit with infants and model gentle swaying or clapping. Invite them to join in any way they can, praising their responses.

Resources/Materials <ul style="list-style-type: none"> • Music player; soft music playlist 	Key Vocabulary: music, soft, play	Support:
---	--------------------------------------	----------



Month: August Week: 3 Subject: Student Wellbeing

Day 2	Topic(s)		Foundation(s)	
	Theme: We’re Going to the Fair Number: 3 Letter: Vv Color: Gold Shape: Oval		SW1.1 Demonstrate self-awareness and confidence SW4.1 Demonstrate relationship skills	
Indicators	Younger Infants		Older Infants	
	May look at or touch the face on the board.		May imitate a happy or surprised face.	
Activity: Emotion Face Board Show laminated cards of different baby faces showing happy, surprised, or calm expressions. Name the emotion and mimic it for the infants. Encourage older infants to copy your face.				
Resources/Materials <ul style="list-style-type: none">Emotion face cards.		Key Vocabulary: happy, sad, surprised		Support:



Month: August Week: 3 Subject: Student Wellbeing

Day 3	Topic(s) Theme: We're Going to the Fair Number: 3 Letter: Vv Color: Gold Shape: Oval	Foundation(s) SW2.1 Demonstrate self-control SW4.1 Demonstrate relationship skills
Indicators	Younger Infants	Older Infants
	May relax in the teacher's arms with a blanket.	May hold or explore a soft blanket during quiet time.
Activity: Soft Blanket Cuddle Time Offer a soft, clean blanket during calm moments. Sit with infants, holding them or allowing them to sit nearby while feeling the fabric. Speak softly and smile to promote a sense of security.		
Resources/Materials <ul style="list-style-type: none"> Clean, soft blankets 	Key Vocabulary: soft, cuddle, rest	Support:



Month: August Week: 3 Subject: Student Wellbeing

Day 4	Topic(s)		Foundation(s)	
	Theme: We're Going to the Fair Number: 3 Letter: Vv Color: Gold Shape: Oval		SW2.1 Demonstrate self-control SW4.1 Demonstrate relationship skills	
Indicators				
	Younger Infants		Older Infants	
	May lie quietly or look around.		May choose to hold a toy while resting.	
Activity: Cozy Rug Rest				
Provide a quiet space with a soft rug for infants to relax. Dim the lights slightly and play soft instrumental music. Allow infants to watch, listen, or rest as they choose.				
Resources/Materials <ul style="list-style-type: none">Soft rug; music player		Key Vocabulary: rest, soft, quiet		Support:



Month: August Week: 3 Subject: Student Wellbeing

Day 5	Topic(s)		Foundation(s)	
	Theme: We're Going to the Fair Number: 3 Letter: Vv Color: Gold Shape: Oval		SW1.1 Demonstrate self-awareness and confidence SW4.1 Demonstrate relationship skills	
Indicators	Younger Infants		Older Infants	
	May smile, coo, or relax during singing.		May sway, bounce, or join with sounds.	

Activity: Snuggle & Sing

Hold infants on your lap or close in your arms while singing a familiar lullaby. Make eye contact and use gentle touch to promote bonding. Encourage any sound or movement responses and respond warmly.

Resources/Materials	Key Vocabulary:	Support:
<ul style="list-style-type: none"> None required 	sing, love, hug	