



Month: June Week: 4 Subject: Student Wellbeing

Day 1	Topic(s)		Foundation(s)	
	Review Week		SW1.1 Demonstrate self-awareness and confidence	
Indicators				
	Younger Infants		Older Infants	
	May smile or frown when looking in a mirror.		May point to self or express emotion while looking.	
Activity: Mirror Faces				
Invite infants to sit with a mirror. Model different expressions such as happy, sad, or surprised. Use the mirror to help infants recognize their own faces and emotions.				
Resources/Materials <ul style="list-style-type: none">Baby-safe mirror		Key Vocabulary: face, happy, sad		Support:



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Day 2	Topic(s)	Foundation(s)
	Review Week	SW2.1 Demonstrate self-control
Indicators	Younger Infants	Older Infants
	May calm when comforted or redirected.	May pause or seek adult support during social conflict.

Activity: **Gentle Hands**

During social time, model how to use gentle hands with toys and peers. Narrate actions like “Let’s take turns” and gently guide their hands during shared play.

Resources/Materials <ul style="list-style-type: none"> • Soft toys • Emotion face cards (optional) 	Key Vocabulary: gentle, share, calm	Support:
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Day 3	Topic(s)	Foundation(s)
	Review Week	SW4.1 Demonstrate relationship skills
Indicators	Younger Infants	Older Infants
	May watch or smile at peers.	May take the toy from teacher or attempt to show affection in some way to the toy.
<p>Activity: Animal Hugs</p> <p>Give each child a soft stuffed animal. Model hugging the animal and use words like “hug” and “love.” Encourage them to hug or pat the animals gently.</p>		
Resources/Materials <ul style="list-style-type: none"> Stuffed animals 	Key Vocabulary: hug, soft, love	Support:



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Day 4	Topic(s)	Foundation(s)
	Review Week	SW2.1 Demonstrate self-control
Indicators	Younger Infants	Older Infants
	May observe calming actions.	May imitate breathing or calming cues.
Activity: Calm Corner Snuggles Set up a cozy corner with pillows and soft materials. Guide infants to sit, cuddle, and listen to quiet music or soft words. Model taking deep breaths.		
Resources/Materials <ul style="list-style-type: none"> • Soft pillows or blankets • Optional: quiet music 	Key Vocabulary: calm, soft, rest	Support:



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Day 5	Topic(s)	Foundation(s)
	Review Week	SW3.1 Demonstrate conflict resolution\
Indicators	Younger Infants	Older Infants
	May react when toy is taken.	May seek comfort or signal needs.
<p>Activity: Play Time</p> <p>Gather a small group of infants with toys. Narrate what's happening (eg; Alex is playing with the ball, Aaliyah is holding the red ball.)</p>		
Resources/Materials <ul style="list-style-type: none"> A few favorite toys 	Key Vocabulary: wait, share, turn	Support: