



Month: August Week: 1 Subject: Approaches to Play & Learning

Day 1	Topic(s)	Foundation(s)
	Theme: All About Me Number: 4 Letter: Ww Color: White Shape: Rectangle	APL1.1 Demonstrate initiative and self-direction APL3.1 Demonstrate development of sustained attention and persistence
Indicators	Younger Toddlers	Older Toddlers
	May stack one or two blocks.	May build a small structure independently.
<p>Activity: Build with Blocks</p> <p>Provide large, lightweight blocks in different colors and shapes. Demonstrate stacking blocks to make a short tower, narrating what you are doing. Encourage toddlers to copy your actions, offering help as needed. Talk about the colors, shapes, and height of their buildings. Celebrate each child's creation before cleaning up together.</p>		
Resources/Materials	Key Vocabulary:	Support:
<ul style="list-style-type: none"> Large lightweight blocks 	build, tall, block	



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Day 2	Topic(s)	Foundation(s)
	Theme: All About Me Number: 4 Letter: Ww Color: White Shape: Rectangle	APL2.1 Demonstrate flexible thinking during play
Indicators	Younger Toddlers	Older Toddlers
	May touch or hold brush.	May brush doll's hair gently.

Activity: Brush Dolls' Hair

Set out dolls and child-safe brushes at a table or play area. Show how to gently brush a doll's hair using slow strokes. Encourage toddlers to take turns being the "stylist" and the "customer." Talk about hair textures, colors, and how brushing keeps hair nice and neat.

Resources/Materials	Key Vocabulary:	Support:
<ul style="list-style-type: none"> Dolls Child-safe brushes 	hair, brush, soft	



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Day 3	Topic(s)	Foundation(s)
	Theme: All About Me Number: 4 Letter: Ww Color: White Shape: Rectangle	APL2.1 Demonstrate flexible thinking during play
Indicators	Younger Toddlers	Older Toddlers
	May wear one dress-up item.	May choose items and pretend to be a character.

Activity: Dress-Up Play

Provide hats, scarves, and simple dress-up items in a safe play space. Help toddlers try on the items and encourage them to pretend to be different characters, such as a chef, builder, or parent. Use simple props to extend the play and model imaginative actions. Invite friends to interact and share roles.

Resources/Materials	Key Vocabulary:	Support:
<ul style="list-style-type: none"> Dress-up clothes and hats Simple props (toy phone, pot, tool) 	hat, wear, play	



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Day 4	Topic(s)	Foundation(s)
	Theme: All About Me Number: 4 Letter: Ww Color: White Shape: Rectangle	APL1.2 Demonstrate interest and curiosity as a learner
Indicators	Younger Toddlers	Older Toddlers
	May hold a shape to “buy” or “sell.”	May name the rectangle shape.

Activity: Shape Store

Set up a small table or shelf with rectangular objects like books, blocks, and boxes. Give children play money and show how to “buy” and “sell” the rectangles. Encourage naming the shape each time they trade. Rotate roles so each child gets a turn as both buyer and seller.

Resources/Materials	Key Vocabulary:	Support:
<ul style="list-style-type: none"> • Play money • Rectangular items (books, blocks, boxes) 	buy, sell, shape	



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Day 5	Topic(s)	Foundation(s)
	Theme: All About Me Number: 4 Letter: Ww Color: White Shape: Rectangle	APL2.1 Demonstrate flexible thinking during play
Indicators	Younger Toddlers	Older Toddlers
	May try on one item.	May choose and wear multiple items.

Activity: Try-On & Look in Mirror

Provide a variety of dress-up clothes and accessories for free play. Help toddlers put on the items and then look at themselves in a shatterproof mirror. Ask them to point to parts of their outfit and talk about the colors or styles. Encourage them to show their outfit to a friend.

Resources/Materials	Key Vocabulary:	Support:
<ul style="list-style-type: none"> Dress-up clothes and accessories Shatterproof mirror 	wear, look, fun	