



Month: September Week: 1 Subject: Approaches to Play & Learning

| Day 1 | Topic(s) | Foundation(s) |
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| | Theme: Healthy Teeth Number: 7 Letter: Aa Color: Gray Shape: Oblong | APL4.1 Demonstrate development of social interactions during play APL1.1 Demonstrate initiative and self-direction |
| Indicators | Younger Toddlers | Older Toddlers |
| | Imitates a simple role with adult modeling. | Sustains a role briefly and invites a peer to participate. |

Activity: **Dramatic Play: Dentist Station (Stuffed Animals)**

Set up a cozy dentist corner with a small chair and stuffed animals. Model a short script: “open,” “ah,” “brush,” “all done,” then let children choose to be dentist or helper. Keep the routine predictable so toddlers can repeat the sequence independently. Rotate roles so everyone practices asking for a turn and returning props when finished.

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| Resources/Materials <ul style="list-style-type: none"> Stuffed animals Child-size toothbrush props | Key Vocabulary: dentist, open, brush | Support: |
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| Day 2 | Topic(s) | Foundation(s) |
| | Theme: Healthy Teeth Number: 7 Letter: Aa Color: Gray Shape: Oblong | APL1.1 Demonstrate initiative and self-direction APL4.1 Demonstrate development of social interactions during play |
| Indicators | Younger Toddlers | Older Toddlers |
| | Follows a simple picture cue to start or stop play. | Uses a simple signal to begin or end and waits for a turn with support. |

Activity: **Open and Close Clinic (Appointments and Waiting Chairs)**

Place two chairs for a tiny “waiting area” and a picture sign that flips between OPEN and CLOSED. Practice opening the clinic together, inviting one child at a time to “see the dentist,” and then closing it for clean up. Emphasize using the sign to guide turns and transitions. End with a group “great job” clap and flip the sign to CLOSED.

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| Resources/Materials <ul style="list-style-type: none"> Two child chairs OPEN/CLOSED picture sign Basket for props | Key Vocabulary: open, close, wait | Support: |
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| Day 3 | Topic(s) Theme: Healthy Teeth Number: 7 Letter: Aa Color: Gray Shape: Oblong | Foundation(s) APL3.1 Demonstrate sustained attention and persistence APL2.1 Demonstrate flexible thinking during play |
| Indicators | Younger Toddlers | Older Toddlers |
| | Places one or two blocks with encouragement. | Persists to stack four or more and tries again after a fall. |
| Activity: Gray Block Towers (Try for Seven) Offer gray or neutral blocks and invite children to build a tower together. Count each block as it stacks and cheer attempts to reach seven. When towers fall, model “try again” language and slow hands. Encourage variations like building a “long oblong road” if stacking feels tricky. | | |
| Resources/Materials <ul style="list-style-type: none"> Soft or wooden blocks (gray or neutral) | Key Vocabulary: stack, tall, seven | Support: |



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| Day 4 | Topic(s) | Foundation(s) |
| | Theme: Healthy Teeth Number: 7 Letter: Aa Color: Gray Shape: Oblong | APL1.1 Demonstrate initiative and self-direction APL3.1 Demonstrate sustained attention and persistence |
| Indicators | Younger Toddlers | Older Toddlers |
| | Explores pulling ribbons with hand-over-hand support. | Threads or pushes ribbons through holes with growing control. |

Activity: Sensory Bin: Floss Ribbons Pull and Thread

Prepare a shallow bin with wide fabric ribbons and colanders or baskets with big holes. Show how to pull a “floss ribbon” through, then invite toddlers to take turns exploring. Name the actions (pull, push, stop) and celebrate small successes. Offer a second bin for finished ribbons so clean up is part of the routine.

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| Resources/Materials <ul style="list-style-type: none"> • Wide fabric ribbons • Colanders or baskets with large holes • Two shallow bins (work and finished) | Key Vocabulary: pull, push, through | Support: |
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| Day 5 | Topic(s) | Foundation(s) |
| | Theme: Healthy Teeth Number: 7 Letter: Aa Color: Gray Shape: Oblong | APL2.1 Demonstrate flexible thinking during play APL4.1 Demonstrate development of social interactions during play |
| Indicators | Younger Toddlers | Older Toddlers |
| | Chooses one item when offered two. | Sorts a few items by a simple rule and shares with a peer. |

Activity: **Pretend Picnic: Healthy or Treats**

Lay a picnic cloth and offer play food. Invite children to place foods on a “healthy” plate or a “treats” plate, keeping the choice light and playful. Encourage offering a pretend snack to a friend and saying “please” and “thank you.” Finish by packing the basket together.

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| Resources/Materials <ul style="list-style-type: none"> • Play food assortment • Two plates or mats labeled with pictures (healthy, treats) | Key Vocabulary: healthy, treat, share | Support: |
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