



Month: September Week: 1 Subject: Science

Day 1	Topic(s)	Foundation(s)
	Theme: Healthy Teeth Number: 7 Letter: Aa Color: Gray Shape: Oblong	SC3.1 Demonstrate awareness of life SC5.1 Demonstrate scientific curiosity
Indicators	Younger Preschool	Older Preschool
	May name or point to tooth parts with support.	May describe simple functions of tooth parts (e.g., “enamel is hard”).

Activity: **Inside a Tooth Craft**

Show a diagram of a tooth and introduce enamel, dentin, and pulp. Children color and assemble a large tooth cross-section, adding red yarn to represent the pulp’s blood vessels. Discuss how the hard outside protects the softer inside and why brushing helps keep the whole tooth healthy.

Resources/Materials <ul style="list-style-type: none"> • Tooth cross-section templates • Crayons, glue sticks, red yarn 	Key Vocabulary: enamel, dentin, pulp	Support:
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Day 2	Topic(s)	Foundation(s)
	Theme: Healthy Teeth Number: 7 Letter: Aa Color: Gray Shape: Oblong	SC3.1 Demonstrate awareness of life SC5.1 Demonstrate scientific curiosity
Indicators	Younger Preschool	Older Preschool
	May sort foods into two groups with visual cues.	May explain why a food goes in “healthy for teeth” or “sugary.”

Activity: **Healthy vs. Not Healthy**

Display food/drink picture cards and two tooth posters (happy tooth/sad tooth). Children classify each card, discussing texture and sugar content in simple terms. Emphasize that water, milk alternatives, crunchy veggies, and cheese-like snacks help teeth, while sugary drinks and sticky candies can cause “sugar bugs.”

Resources/Materials <ul style="list-style-type: none"> Food/drink picture cards Two posters: happy tooth/sad tooth 	Key Vocabulary: healthy, sugary, cavity	Support: 
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Day 3	Topic(s)		Foundation(s)	
	Theme: Healthy Teeth Number: 7 Letter: Aa Color: Gray Shape: Oblong		SC5.1 Demonstrate scientific curiosity SC6.1 Demonstrate decomposition of larger tasks into smaller steps	
Indicators	Younger Preschool		Older Preschool	
	May share if they brushed morning or night and place a sticker.		May help record class observations and talk about patterns.	

Activity: **Tooth Care Observation Chart**

Create a simple class chart with two rows “Brushed this morning” and “Brushed last night.” Students place a sticker for themselves as they report. Discuss what the class notices (more morning or night stickers) and break down a good brushing routine into small steps we can all follow.

Resources/Materials <ul style="list-style-type: none"> • Large chart with two rows; stickers • Routine picture cards (optional) 	Key Vocabulary: chart, routine, patter	Support:
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Month: September Week: 1 Subject: Science

Day 4	Topic(s)	Foundation(s)
	Theme: Healthy Teeth Number: 7 Letter: Aa Color: Gray Shape: Oblong	SC1.2 Demonstrate awareness of physical properties of objects SC5.1 Demonstrate scientific curiosity
Indicators	Younger Preschool	Older Preschool
	May observe and describe color/texture changes with support.	May predict which liquid will stain more and tell what they noticed.

Activity: **Plaque Attack Experiment**

Place boiled eggs in clear cups of soda/tea/juice and one in water as a control. Invite predictions, then observe over time for staining (“plaque”). Compare shells and talk about how brushing helps remove build-up. Reinforce safety: we never drink experiment liquids.

Resources/Materials <ul style="list-style-type: none"> • Hard-boiled eggs; clear cups • Soda/tea/juice; water (control) or food coloring 	Key Vocabulary: predict, stain, observe	Support:
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Month: September Week: 1 Subject: Science

Day 5	Topic(s)	Foundation(s)
	Theme: Healthy Teeth Number: 7 Letter: Aa Color: Gray Shape: Oblong	SC6.1 Demonstrate decomposition of larger tasks into smaller steps SC5.1 Demonstrate scientific curiosity
Indicators	Younger Preschool	Older Preschool
	May arrange two to three pictures to show a simple routine.	May order all steps for brushing and explain what comes next.

Activity: **Brushing Sequence Worksheet**

Give students a cut-and-paste worksheet showing steps of brushing (wet brush, add paste, brush all sides, spit/rinse, smile). Children cut, arrange, and glue the pictures in order, then talk through the routine using simple transition words like “first,” “next,” and “last.”

Resources/Materials <ul style="list-style-type: none"> Brushing sequence cut-and-paste sheets 	Key Vocabulary: first, next, last	Support: 
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