

### Month: September Week: 2 Subject: Student Wellbeing

Day 1	Topic(s)	Foundation(s)
	Theme: Rainbow of Fruits Shape: Octagon Number: 8 Color: Purple Letter: Bb	SW1.1 Demonstrate self-awareness and confidence
Indicators		
	Younger Infants	Older Infants
	May look at themselves in the mirror with interest.	May smile, touch, or babble at their reflection.

Activity: Mirror Play - Happy Face

Sit with an infant in front of a shatterproof mirror. Smile and point to your face, saying "happy face." Encourage the infant to look at their own face and notice expressions. Older infants may try to touch their reflection or mimic your smile.

Resources/Materials  • Mirror	Key Vocabulary: happy, face, smile, look	Support:
	1107	





### Month: September Week: 2 Subject: Student Wellbeing

Day 2	Topic(s)	Foundation(s)	
	Theme: Rainbow of Fruits	SW2.1 Demonstrate self-control	
	Shape: Octagon		
	Number: 8		
	Color: Purple		
	Letter: Bb		
Indicators			
	Younger Infants	Older Infants	
	May calm or giggle while being bounced.	May move body rhythmically with the song.	

Activity: Gentle Lap Bounce Song

Sit infants on your lap and sing a short bouncing song like "Bounce, bounce, baby on my knee." Gently bounce them to the rhythm while making eye contact. This provides comfort and teaches rhythm and self-regulation. Older infants may laugh or bounce along with you.

Resources/Materials	Key Vocabulary:	Support:
• None	bounce, baby, knee, song	





# Month: September Week: 2 Subject: Student Wellbeing

Day 3	Topic(s)	Foundation(s)
	Theme: Rainbow of Fruits Shape: Octagon Number: 8 Color: Purple Letter: Bb	SW4.1 Demonstrate relationship skills
Indicators		
	Younger Infants	Older Infants
	May watch the puppet closely.	May giggle, reach, or pull the puppet.

Activity: Puppet Peekaboo

Use a soft puppet to play peekaboo with infants. Hide the puppet behind your back or a scarf and then make it "pop out." Say "hello!" in a cheerful voice as it appears. Encourage infants to reach for or touch the puppet, helping them build trust and connection.

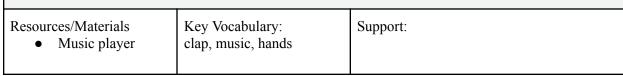
Resources/Materials  • Soft puppet	Key Vocabulary: peekaboo, hello, puppet	Support:
• Scarf (optional)		





# Month: September Week: 2 Subject: Student Wellbeing

Day 4	Topic(s)	Foundation(s)
	Theme: Rainbow of Fruits	SW3.1 Demonstrate conflict resolution
	Shape: Octagon	
	Number: 8	
	Color: Purple	
	Letter: Bb	
Indicators		
	Younger Infants	Older Infants
	May relax hands while guided in clapping.	May clap independently when the music plays.
		•
Activity: Har	nd-over-Hand Clapping to Music	
•	** •	ing to the heat by gently helping them bring
		ing to the beat by gently helping them bring so they see and hear the rhythm. Over time,







### Month: September Week: 2 Subject: Student Wellbeing

Day 5	Topic(s)	Foundation(s)
	Theme: Rainbow of Fruits Shape: Octagon Number: 8 Color: Purple Letter: Bb	SW1.2 Demonstrate identification and expression of emotions
Indicators		
	Younger Infants	Older Infants
	May relax or coo while being held.	May hum or babble along with the music.

Activity: Fruit Lullaby Cuddle

Hold infants in a calm environment and sing or play a soft fruit-themed lullaby (such as "Apples and Bananas" sung slowly). Gently rock them as they listen to the soothing words. Encourage older infants to hum or babble as they relax. This supports emotional bonding and helps children wind down at the end of the week.

Resources/Materials  • Music player	Key Vocabulary: song, sleep, soft	Support:
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