



## Month: August Week: 3 Subject: Physical Health & Growth

<b>Day 1</b>	<b>Topic(s)</b>	<b>Foundation(s)</b>
	Theme: We're Going to the Fair Number: 3 Letter: Vv Color: Gold Shape: Oval	<b>PHG3.1</b> Demonstrate development of fine and gross motor coordination <b>PHG1.2</b> Demonstrate development of safety practices
<b>Indicators</b>	<b>Younger Toddlers</b>	<b>Older Toddlers</b>
	May walk through parts of the obstacle course.	May complete the entire course.

### Activity: Midway Obstacle

Set up a course with tunnels, balance beams, and cones. Encourage safe movement while climbing, crawling, and balancing. **Older Toddler Challenge:** Complete the course twice without touching the ground outside the path.

<b>Resources/Materials</b>	<b>Key Vocabulary:</b>	<b>Support:</b>
<ul style="list-style-type: none"> <li>Tunnels, cones, beams</li> <li>Mats for safety</li> </ul>	balance, crawl, jump	



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<b>Day 2</b>	<b>Topic(s)</b>		<b>Foundation(s)</b>	
	Theme: We're Going to the Fair Number: 3 Letter: Vv Color: Gold Shape: Oval		<b>PHG3.1</b> Demonstrate development of fine and gross motor coordination <b>PHG1.2</b> Demonstrate development of safety practices	
<b>Indicators</b>	<b>Younger Toddlers</b>		<b>Older Toddlers</b>	
	May hop in place inside the sack.		May hop the full race distance.	
	<p>Activity: Sack Races</p> <p>Provide small sacks or pillowcases for children to hop in toward a finish line. Encourage cheering for friends. <b>Older Toddler Challenge:</b> Hop forward and then backward in the sack.</p>			
<b>Resources/Materials</b> <ul style="list-style-type: none"> <li>Sacks or pillowcases</li> </ul>		<b>Key Vocabulary:</b> hop, race, finish		<b>Support:</b>



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<b>Day 3</b>	<b>Topic(s)</b>	<b>Foundation(s)</b>
	Theme: We're Going to the Fair Number: 3 Letter: Vv Color: Gold Shape: Oval	<b>PHG3.1</b> Demonstrate development of fine and gross motor coordination <b>PHG1.2</b> Demonstrate development of safety practices
<b>Indicators</b>	<b>Younger Toddlers</b>	<b>Older Toddlers</b>
	May toss rings toward a target.	May land a ring on the target.

### Activity: Ring Toss

Set up bottles or cones for tossing rings onto. Encourage aiming and adjusting throws. **Older Toddler Challenge:** Stand farther from the target to make it harder.

Resources/Materials <ul style="list-style-type: none"> <li>• Rings</li> <li>• Bottles or cones</li> </ul>	Key Vocabulary: ring, toss, target	Support:
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<b>Day 4</b>	<b>Topic(s)</b>	<b>Foundation(s)</b>
	Theme: We're Going to the Fair Number: 3 Letter: Vv Color: Gold Shape: Oval	<b>PHG3.1</b> Demonstrate development of fine and gross motor coordination <b>PHG1.2</b> Demonstrate development of safety practices
<b>Indicators</b>	<b>Younger Toddlers</b>	<b>Older Toddlers</b>
	May carry the balloon to the marker.	May carry the balloon and return without dropping it.

**Activity: Balloon Relay**

Divide children into teams. They carry a balloon to a marker and back to pass to the next teammate.  
**Older Toddler Challenge:** Balance the balloon between two children as they walk together.

<b>Resources/Materials</b>	<b>Key Vocabulary:</b>	<b>Support:</b>
<ul style="list-style-type: none"> <li>Balloons</li> <li>Markers for turning points</li> </ul>	balloon, relay, team	



## Month: August Week: 3 Subject: Physical Health & Growth

<b>Day 5</b>	<b>Topic(s)</b>	<b>Foundation(s)</b>
	Theme: We're Going to the Fair Number: 3 Letter: Vv Color: Gold Shape: Oval	<b>PHG3.1</b> Demonstrate development of fine and gross motor coordination <b>PHG1.2</b> Demonstrate development of safety practices
<b>Indicators</b>	<b>Younger Toddlers</b>	<b>Older Toddlers</b>
	May act out one ride movement.	May complete a sequence of ride movements.

Activity: Ride Relay

Create stations with movements inspired by rides (spin, gallop, sway). Children move through each station in a relay format. **Older Toddler Challenge:** Add a new movement to the relay and teach it to the group.

Resources/Materials <ul style="list-style-type: none"> <li>• Station markers</li> <li>• Ride movement cards</li> </ul>	Key Vocabulary: ride, move, station	Support:
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