

Month: September Week: 3 Subject: Student Wellbeing

Day 1	Topic(s)	Foundation(s)
	Theme: Celebrating Hispanic Heritage Shape: Hexagon Number: 9 Color: Brown Letter: Cc	SW1.1 Demonstrate self-awareness and confidence SW4.1 Demonstrate relationship skills
Indicators		
	Younger Toddlers	Older Toddlers
	May respond by pointing to self when name is said.	May say or attempt to say their name.

Activity: Sharing Time - My Name

Children sit in a circle as the teacher calls each child's name. Each child is invited to point to themselves and say their name if able. The teacher models by saying their own name and encouraging repetition. This helps toddlers recognize themselves as individuals and builds early confidence.

Resources/Materials	Key Vocabulary:	Support:
	name, me, my, hello	
(optional)		





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Day 2	Topic(s)	Foundation(s)
	Theme: Celebrating Hispanic Heritage Shape: Hexagon Number: 9 Color: Brown Letter: Cc	SW1.2 Demonstrate identification and expression of emotions
Indicators		
	Younger Toddlers	Older Toddlers
	May show emotion through body language (smile, clap).	May point to or name feelings like "happy."

Activity: Music Feelings

Play different styles of Hispanic music such as fast-paced salsa and gentle guitar. Hold up emotion cards (happy, calm, excited) and ask children to match how the music makes them feel. Children can point, clap, or say the word for their chosen emotion. This encourages emotional awareness in a simple, engaging way.

Key Vocabulary: happy, sad, calm, excited	Support:





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Day 3	Topic(s)	Foundation(s)
	Theme: Celebrating Hispanic Heritage Shape: Hexagon Number: 9 Color: Brown Letter: Cc	SW3.1 Demonstrate conflict resolution SW4.1 Demonstrate relationship skills
Indicators		
	Younger Toddlers	Older Toddlers
	May hold hands and follow teacher prompts.	May dance with a peer for short periods.

Activity: Partner Dance

Pair children to practice a simple dance with clapping or side steps. Encourage partners to watch each other and follow along. The teacher emphasizes sharing space, patience, and having fun together. This builds cooperation and strengthens friendships in a playful way.

Resources/Materials	Key Vocabulary:	Support:
1 1	partner, dance, friend,	
• Scarves (optional)	share	





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Day 4	Topic(s)	Foundation(s)
	Theme: Celebrating Hispanic Heritage Shape: Hexagon Number: 9 Color: Brown Letter: Cc	SW2.1 Demonstrate self-control SW4.1 Demonstrate relationship skills
Indicators		
indicators	Younger Toddlers	Older Toddlers
	May wait briefly for their turn.	May pass the maraca and cheer for others.

Activity: Turn-Taking with Maracas

Children sit in a circle and take turns shaking maracas to the beat of music. When finished, they pass the maracas to the next child. The teacher models waiting and cheering for friends. This teaches patience, turn-taking, and positive social interaction.

Resources/Materials • Maracas • Music player	Key Vocabulary: turn, wait, shake, share	Support:
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Month: September Week: 3 Subject: Student Wellbeing

Day 5	Topic(s)	Foundation(s)
	Theme: Celebrating Hispanic Heritage Shape: Hexagon Number: 9 Color: Brown Letter: Cc	SW1.1 Demonstrate self-awareness and confidence SW1.2 Demonstrate identification and expression of emotions
Indicators		
	Younger Toddlers	Older Toddlers
	May point to a picture of their favorite activity.	May say or show what they enjoyed most.

Activity: Reflection - What Did I Like This Week?

Show children pictures of the week's activities (books, parade, foods, dances). Ask: "Which one did you like?" Children point, name, or clap for their favorite. This group reflection builds memory, choice-making, and emotional expression.

Resources/Materials • Pictures of activities from the week • Chart paper	Key Vocabulary: favorite, like, happy, fun	Support:
• Chart paper (optional)		

