



Month: August Week: 3 Subject: Student Wellbeing

Day 1	Topic(s)		Foundation(s)	
	Theme: We're Going to the Fair Number: 3 Letter: Vv Color: Gold Shape: Oval		SW1.1 Demonstrate self-awareness and confidence SW2.1 Demonstrate self-control	
Indicators	Younger Toddlers		Older Toddlers	
	May blow the pinwheel once or twice.		May follow a slow breathing pattern to keep it spinning.	

Activity: Pinwheel Breathing

Give each child a pinwheel and show how to blow slowly to make it spin. Practice breathing in through the nose and out through the mouth. **Older Toddler Challenge:** Keep the pinwheel spinning for 5 slow breaths.

Resources/Materials	Key Vocabulary:	Support:
<ul style="list-style-type: none"> Pinwheels 	breathe, slow, spin	



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Day 2	Topic(s)	Foundation(s)
	Theme: We're Going to the Fair Number: 3 Letter: Vv Color: Gold Shape: Oval	SW2.1 Demonstrate self-control SW4.1 Demonstrate relationship skills
Indicators	Younger Toddlers	Older Toddlers
	May wait briefly for a turn.	May wait longer and encourage others.
<p>Activity: Turn-Taking Game</p> <p>Use a simple fair game like bean bag toss. Have children wait their turn in line and cheer for others. Older Toddler Challenge: Help keep track of turns to ensure fairness.</p>		
Resources/Materials • Bean bags	Key Vocabulary: turn, wait, fair	Support:



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Day 3	Topic(s)	Foundation(s)
	Theme: We're Going to the Fair Number: 3 Letter: Vv Color: Gold Shape: Oval	SW1.1 Demonstrate self-awareness and confidence SW2.1 Demonstrate self-control
Indicators	Younger Toddlers	Older Toddlers
	May follow one safety direction.	May act out multiple safety steps.

Activity: Fair Safety

Discuss safety rules for visiting the fair, like staying with an adult and walking, not running. Act out these rules with role-play. **Older Toddler Challenge:** Add a new safety rule to the list and show how to follow it.

Resources/Materials <ul style="list-style-type: none"> Safety picture cards 	Key Vocabulary: safe, rule, walk	Support:
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Month: August Week: 3 Subject: Student Wellbeing

Day 4	Topic(s)	Foundation(s)
	Theme: We're Going to the Fair Number: 3 Letter: Vv Color: Gold Shape: Oval	SW1.2 Demonstrate identification and expression of emotions SW4.1 Demonstrate relationship skills
Indicators	Younger Toddlers	Older Toddlers
	May give a ticket to a friend.	May say kind words when giving the ticket.

Activity: Kindness Tickets

Give children paper tickets to decorate and give to a friend with a kind word. Encourage everyone to exchange tickets. **Older Toddler Challenge:** Give a ticket to someone they don't usually play with.

Resources/Materials	Key Vocabulary:	Support:
<ul style="list-style-type: none"> Paper tickets Crayons or markers 	kind, thank, share	



Month: August Week: 3 Subject: Student Wellbeing

Day 5	Topic(s)	Foundation(s)
	Theme: We're Going to the Fair Number: 3 Letter: Vv Color: Gold Shape: Oval	SW1.1 Demonstrate self-awareness and confidence SW4.1 Demonstrate relationship skills
Indicators	Younger Toddlers	Older Toddlers
	May say one nice thing about a friend.	May describe a way they helped a friend this week.
<p>Activity: Friendship Circle</p> <p>Sit in a circle and take turns sharing something nice about a friend. Clap after each share to show appreciation. Older Toddler Challenge: Say one way they can be a good friend next week.</p>		
Resources/Materials • None	Key Vocabulary: friend, nice, share	Support: