



Month: September Week: 3 Subject: Student Wellbeing

Day 1	Topic(s)		Foundation(s)		
	Theme: Celebrating Hispanic Heritage Shape: Hexagon Number: 9 Color: Brown Letter: Cc		SW1.1 Demonstrate self-awareness and confidence		
Indicators	Younger Infants		Older Infants		
	May smile or vocalize when their name is said.		May lift blanket or clap when name is called.		
Activity: Peek-a-Boo Names					
Cover infants lightly with a scarf or blanket and call their names. When they respond, lift the scarf and say “Peek-a-boo, [name]!” This builds self-recognition and joyful bonding.					
Resources/Materials <ul style="list-style-type: none">Scarves or lightweight blankets		Key Vocabulary: name, peek-a-boo, me		Support:	



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Day 2	Topic(s)		Foundation(s)		
	Theme: Celebrating Hispanic Heritage Shape: Hexagon Number: 9 Color: Brown Letter: Cc		SW1.2 Demonstrate identification and expression of emotions		
Indicators					
	Younger Infants		Older Infants		
	May calm or smile at music.		May clap, sway, or vocalize.		
Activity: Music & Feelings Play lively Hispanic music followed by calm, gentle music. Point to feeling cards (happy, calm) and label the emotions. Encourage older infants to clap or point when asked “Happy?” or “Calm?”					
Resources/Materials <ul style="list-style-type: none">Emotion cards		Key Vocabulary: happy, calm, music		Support:	



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Day 3	Topic(s) Theme: Celebrating Hispanic Heritage Shape: Hexagon Number: 9 Color: Brown Letter: Cc	Foundation(s) SW1.1 Demonstrate self-awareness and confidence SW4.1 Demonstrate relationship skills
Indicators	Younger Infants	Older Infants
	May look at self in the mirror.	May point, smile, or pat the mirror.
Activity: Mirror Play Provide safe infant mirrors. Encourage infants to look, smile, and interact with their reflection. Say, "That's you!" and model waving. This builds self-awareness and early social recognition.		
Resources/Materials <ul style="list-style-type: none"> • Infant-safe mirrors 	Key Vocabulary: me, you, smile, wave	Support:



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Day 4	Topic(s)		Foundation(s)		
	Theme: Celebrating Hispanic Heritage Shape: Hexagon Number: 9 Color: Brown Letter: Cc		SW2.1 Demonstrate self-control SW4.1 Demonstrate relationship skills		
Indicators					
	Younger Infants		Older Infants		
	May watch the teacher roll the ball.		May roll or push ball back and forth.		
Activity: Turn-Taking with Balls					
Sit with infants and roll a soft ball gently toward them. Encourage them to roll or push it back. Clap and cheer for each turn. This builds patience, turn-taking, and positive social interaction.					
Resources/Materials <ul style="list-style-type: none">Soft balls		Key Vocabulary: ball, roll, turn, share		Support:	



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Day 5	Topic(s) Theme: Celebrating Hispanic Heritage Shape: Hexagon Number: 9 Color: Brown Letter: Cc	Foundation(s) SW1.2 Demonstrate identification and expression of emotions SW1.1 Demonstrate self-awareness and confidence
Indicators	Younger Infants	Older Infants
	May smile or sway during their favorite song.	May clap, dance, or vocalize when the song begins.
Activity: Reflection Circle - Favorite Song Play songs from the week and observe which infants respond most strongly. Encourage clapping, dancing, or pointing when their favorite plays. Teachers name the song and emotion: “You like this song! It makes you happy!”		
Resources/Materials <ul style="list-style-type: none"> • Music player 	Key Vocabulary: music, song, happy, favorite	Support: