



Month: October Week: 2 Subject: Student Wellbeing

Day 1	Topic(s)	Foundation(s)
	Theme: Scarecrows & Fall on the Farm Number: 11 Letter: Ee Color: Tan Shape: Rectangle	SW1.1 Demonstrate self-awareness and confidence SW2.1 Demonstrate self-control
Indicators	Younger Infants	Older Infants
	May lift head briefly and listen to music.	May push up with arms and look around during tummy time.
Activity: Gentle Tummy Time with Music Teachers will place infants on soft blankets for tummy time while calming music plays. Younger infants will practice lifting their heads, while older infants will push up with arms and visually explore. Teachers will sit nearby for comfort, encouraging confidence in movement.		
Resources/Materials	Key Vocabulary:	Support:
<ul style="list-style-type: none"> Lullaby music 	tummy, lift, look, music, up	



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Day 2	Topic(s) Theme: Scarecrows & Fall on the Farm Number: 11 Letter: Ee Color: Tan Shape: Rectangle	Foundation(s) SW1.2 Demonstrate identification and expression of emotions SW4.1 Demonstrate relationship skills
Indicators	Younger Infants	Older Infants
	May look at or touch a happy face card.	May smile, frown, or vocalize when shown different faces.
Activity: Feelings Faces Cards Teachers will show laminated cards with happy, sad, and silly faces. Younger infants will watch and reach for a card, while older infants may respond with matching expressions or sounds. Teachers will model emotions by saying, “Happy!” with a big smile. This introduces infants to emotional recognition.		
Resources/Materials <ul style="list-style-type: none"> Laminated feelings faces cards 	Key Vocabulary: happy, sad, silly, face, feel	Support:



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Day 3	Topic(s) Theme: Scarecrows & Fall on the Farm Number: 11 Letter: Ee Color: Tan Shape: Rectangle	Foundation(s) SW1.1 Demonstrate self-awareness and confidence SW2.1 Demonstrate self-control
Indicators	Younger Infants	Older Infants
	May hold or cuddle a comfort object.	May carry or show their comfort item to others.
Activity: Comfort Object Play Teachers will provide soft toys or blankets as comfort items. Younger infants will explore textures through cuddling or mouthing, while older infants may hold, carry, or show their object to a peer. Teachers will talk about how comfort objects help us feel safe.		
Resources/Materials <ul style="list-style-type: none"> Soft blankets, plush toys, or loveys 	Key Vocabulary: soft, toy, safe, cuddle, hold	Support:



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Day 4	Topic(s)		Foundation(s)	
	Theme: Scarecrows & Fall on the Farm Number: 11 Letter: Ee Color: Tan Shape: Rectangle		SW1.1 Demonstrate self-awareness and confidence SW3.1 Demonstrate conflict resolution	
Indicators	Younger Infants		Older Infants	
	May track bubbles with their eyes.		May reach for, clap at, or try to pop bubbles.	
Activity: Bubble Play				
Teachers will blow bubbles for infants to watch and interact with. Younger infants will visually track bubbles, while older infants will try reaching, clapping, or popping them. Teachers will model words like “pop!” to connect language with the experience. This activity promotes joy, relaxation, and sensory engagement.				
Resources/Materials <ul style="list-style-type: none">Bubble solution and wand		Key Vocabulary: bubble, pop, up, down, float		Support:



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Day 5	Topic(s) Theme: Scarecrows & Fall on the Farm Number: 11 Letter: Ee Color: Tan Shape: Rectangle	Foundation(s) SW1.2 Demonstrate identification and expression of emotions SW4.1 Demonstrate relationship skills
Indicators	Younger Infants	Older Infants
	May relax, coo, or smile during singing.	May clap, sway, or babble along with the song.
Activity: Lullaby Circle Infants will gather in a circle on caregivers' laps or mats while teachers sing a calming lullaby. Younger infants will listen and relax, while older infants may sway, clap, or babble along. This activity builds group connection, supports self-regulation, and provides a calm end to the week.		
Resources/Materials <ul style="list-style-type: none"> Teacher-led lullaby (live singing preferred) 	Key Vocabulary: sing, song, quiet, soft, sleep	Support: