



Month: October Week: 3 Subject: Student Wellbeing

Day 1	Topic(s)	Foundation(s)
	Theme: Under Construction; Learning In Progress Number: 12 Letter: Ff Color: Black Shape: Triangle	SW1.1 Demonstrate self-awareness and confidence SW1.2 Demonstrate identification and expression of emotions
Indicators		
	Younger Infants	Older Infants
	May look at their reflection and smile or coo.	May imitate facial expressions such as happy or surprised.

Activity: **Mirror Smiles & Faces**

Teachers will sit with infants in front of a baby-safe mirror. Younger infants will explore their reflection and respond to their image with smiles or sounds. Older infants will mimic the teacher's faces (happy, silly, or surprised) as the teacher names each emotion. This builds early self-recognition and emotional expression.

Resources/Materials • Mirror	Key Vocabulary: happy, sad, silly, face, me	Support:
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Day 2	Topic(s) Theme: Under Construction; Learning In Progress Number: 12 Letter: Ff Color: Black Shape: Triangle	Foundation(s) SW2.1 Demonstrate self-control SW4.1 Demonstrate relationship skills
Indicators	Younger Infants	Older Infants
	May watch and smile when the teacher reappears.	May begin to initiate or anticipate the game.
Activity: Peek-a-Boo Turns Teachers will play peek-a-boo using their hands, a scarf, or a blanket. Younger infants will watch intently, smiling when the teacher reappears. Older infants may giggle or attempt to pull the scarf down themselves. Teachers will use soft, playful tones to model safe, trusting interactions and gentle waiting.		
Resources/Materials <ul style="list-style-type: none"> Lightweight scarf or blanket 	Key Vocabulary: peek, boo, where, here, hi	Support:



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Indicators	Younger Infants	Older Infants
	May calm when gently patted or spoken to softly.	May reach to return gentle touches or hugs.
Activity: Gentle Touch Play Teachers will model soft touch and kind words by gently patting infants on the back or hands and saying “gentle” and “soft.” Younger infants will experience the comfort of touch and tone. Older infants will begin to mimic soft touches on a toy or the teacher’s hand, learning empathy and appropriate ways to connect.		
Resources/Materials <ul style="list-style-type: none"> Soft blanket or plush toy 	Key Vocabulary: soft, gentle, touch, kind	Support:



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Day 4	Topic(s) Theme: Under Construction; Learning In Progress Number: 12 Letter: Ff Color: Black Shape: Triangle	Foundation(s) SW1.2 Demonstrate identification and expression of emotions SW3.1 Demonstrate conflict resolution
Indicators	Younger Infants	Older Infants
	May focus on bright, expressive face images.	May imitate faces or point to a specific emotion.
Activity: Emotion Face Cards Teachers will show laminated cards of faces showing different feelings: happy, sad, mad, and surprised. Younger infants will observe as teachers describe each one. Older infants will be encouraged to mimic the face shown. Teachers will name emotions and give context, saying things like “We smile when we are happy.”		
Resources/Materials <ul style="list-style-type: none"> Emotion face cards or photos 	Key Vocabulary: happy, sad, mad, love, smile	Support:



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Day 5	Topic(s) Theme: Under Construction; Learning In Progress Number: 12 Letter: Ff Color: Black Shape: Triangle	Foundation(s) SW2.1 Demonstrate self-control SW1.1 Demonstrate self-awareness and confidence
Indicators	Younger Infants	Older Infants
	May sway or calm to the sound of singing.	May bounce, clap, or hum along to the song.
<p>Activity: “I Can Try Again” Encouragement Song</p> <p>Teachers will sing a short, repetitive encouragement song (to the tune of “Twinkle, Twinkle”):</p> <p>🎵 “Sometimes things don’t go my way, I can try again today. I can build and knock it down, I can smile, not wear a frown.” 🎵</p> <p>Younger infants will listen and watch. Older infants will join through gestures, clapping, or vocal play. This builds early resilience and positive emotional response.</p>		
Resources/Materials <ul style="list-style-type: none"> None 	Key Vocabulary: try, again, happy, calm, smile	Support: