



## Month: October Week: 3 Subject: Student Wellbeing

Day 1	Topic(s)	Foundation(s)
	Theme: Under Construction; Learning In Progress Number: 12 Letter: Ff Color: Black Shape: Triangle	<b>SW1.2</b> Demonstrate identification and expression of emotions  <b>SW2.1</b> Demonstrate self-control
Indicators		
	Younger Toddlers	Older Toddlers
	May show faces (happy, sad, mad) when asked.	May say or act out something that feels “hard” for them.

### Activity: **Overcoming Challenges**

Teachers will talk about the excavator who didn’t want to dig and ask children about things that feel hard (tying shoes, cleaning up, sharing). Younger toddlers will use picture cards or act out faces to show how they feel. Older toddlers will share in simple words what is hard for them and try a teacher-suggested solution, like “ask for help” or “try again.”

Resources/Materials <ul style="list-style-type: none"> <li>Emotion cards or mirrors</li> <li>Chart paper for teachers to list ideas</li> </ul>	Key Vocabulary: happy, sad, mad, try, help	Support:
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## Month: October Week: 3 Subject: Student Wellbeing

<b>Day 2</b>	<b>Topic(s)</b>	<b>Foundation(s)</b>
	Theme: Under Construction; Learning In Progress Number: 12 Letter: Ff Color: Black Shape: Triangle	<b>SW1.1</b> Demonstrate self-awareness and confidence  <b>SW4.1</b> Demonstrate relationship skills
<b>Indicators</b>	<b>Younger Toddlers</b>	<b>Older Toddlers</b>
	May try to push big buttons through holes with help.	May button and unbutton with more independence.

### Activity: **Buttoning Practice**

Children will practice buttoning with big dressing boards, jackets, or construction vests. Younger toddlers will work on pushing large buttons with teacher support. Older toddlers will try to button and unbutton on their own. Teachers will celebrate effort, showing that practice makes us stronger helpers.

<b>Resources/Materials</b> <ul style="list-style-type: none"> <li>• Button boards, jackets, or construction vests</li> <li>• Mirror for self-check</li> </ul>	<b>Key Vocabulary:</b> button, push, pull, on, off	<b>Support:</b>
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## Month: October Week: 3 Subject: Student Wellbeing

<b>Day 3</b>	<b>Topic(s)</b> Theme: Under Construction; Learning In Progress Number: 12 Letter: Ff Color: Black Shape: Triangle	<b>Foundation(s)</b> <b>SW1.1</b> Demonstrate self-awareness and confidence  <b>SW2.1</b> Demonstrate self-control
<b>Indicators</b>	<b>Younger Toddlers</b>	<b>Older Toddlers</b>
	May place beads onto a stick or large lace with help.	May lace multiple beads in a row independently.

### Activity: **Lacing Beads**

Children will use large beads and laces to practice fine motor skills and persistence. Younger toddlers will try placing beads on sticks or short laces with support. Older toddlers will work to lace several beads in a row and show their finished string. Teachers will highlight patience and celebrate effort even if it's not perfect.

<b>Resources/Materials</b> <ul style="list-style-type: none"> <li>• Large wooden or plastic beads</li> <li>• Thick laces or dowel rods</li> </ul>	<b>Key Vocabulary:</b> bead, lace, string, push, pull	<b>Support:</b>
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## Month: October Week: 3 Subject: Student Wellbeing

<b>Day 4</b>	<b>Topic(s)</b>	<b>Foundation(s)</b>
	Theme: Under Construction; Learning In Progress Number: 12 Letter: Ff Color: Black Shape: Triangle	<b>SW2.1</b> Demonstrate self-control  <b>SW3.1</b> Demonstrate conflict resolution
<b>Indicators</b>	<b>Younger Toddlers</b>	<b>Older Toddlers</b>
	May wait briefly for a turn with teacher support.	May hand tools to friends and use words like “my turn” or “your turn.”

### Activity: **Turn-Taking with Tools**

Teachers will provide toy tools (hammers, scoops, trucks) for group play. Younger toddlers will practice waiting briefly while a peer uses a toy. Older toddlers will hand toys to each other and practice using words to share fairly. Teachers will model calm problem-solving, saying “Let’s take turns” and “You can have it next.”

Resources/Materials <ul style="list-style-type: none"> <li>• Toy tools, trucks, scoops</li> <li>• Sand timer (optional)</li> </ul>	Key Vocabulary: turn, wait, share, mine, yours	Support:
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## Month: October Week: 3 Subject: Student Wellbeing

<b>Day 5</b>	<b>Topic(s)</b> Theme: Under Construction; Learning In Progress Number: 12 Letter: Ff Color: Black Shape: Triangle	<b>Foundation(s)</b> <b>SW1.2</b> Demonstrate identification and expression of emotions  <b>SW3.1</b> Demonstrate conflict resolution
<b>Indicators</b>	<b>Younger Toddlers</b>	<b>Older Toddlers</b>
	May show a happy or sad face when the tower falls.	May say “I’m mad” or “I can build again” when it happens.
<p>Activity: <b>Tower Emotions</b></p> <p>Children will build block towers and then gently knock them down together. Younger toddlers will practice showing how they feel when the tower falls using faces or gestures. Older toddlers will talk about their feelings and practice calming strategies, like taking a deep breath or rebuilding. Teachers will emphasize that it’s okay to feel upset and that we can always try again.</p>		
<b>Resources/Materials</b> <ul style="list-style-type: none"> <li>• Blocks for tower building</li> <li>• Emotion cards or mirrors</li> </ul>	<b>Key Vocabulary:</b> happy, sad, mad, build	<b>Support:</b>