



## Month: October Week: 4 Subject: Approaches to Play & Learning

| Day 1      | Topic(s)   | Foundation(s)   |
|------------|--|---|
|            | Theme: Plants<br>Number: 13<br>Letter: Gg<br>Color: Red<br>Shape: Oval | <b>APL1.2</b> Demonstrate interest and curiosity as a learner<br><b>APL3.1</b> Demonstrate development of sustained attention and persistence |
| Indicators | Younger Infants  | Older Infants   |
|            | May watch or reach for blocks being stacked.                           | May knock down or attempt to stack blocks independently.  |

### Activity: **Soft Block Building**

Offer large, soft blocks for infants to touch, mouth, and explore. Model stacking one or two blocks slowly and allow infants to knock them over. Repeat the process while narrating actions (“Up, up, fall down!”). This supports curiosity, cause-and-effect learning, and confidence through repetition and success.

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| Resources/Materials<br>• Large soft blocks | Key Vocabulary:<br>up, down, block | Support: |
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|--|---|---|
| <b>Day 2</b>   | <b>Topic(s)</b><br>Theme: Plants<br>Number: 13<br>Letter: Gg<br>Color: Red<br>Shape: Oval | <b>Foundation(s)</b><br><b>APL1.1</b> Demonstrate initiative and self-direction<br><b>APL3.1</b> Demonstrate development of sustained attention and persistence |
| <b>Indicators</b>  | <b>Younger Infants</b>  | <b>Older Infants</b>  |
|  | May watch or track a toy being moved back and forth.                                      | May push, pull, or crawl after a moving toy.  |
| <b>Activity: Push &amp; Pull Toy Exploration</b><br>Provide a few rolling toys such as cars, balls, or animals on wheels. Demonstrate pushing them forward and pulling them back. Encourage infants to reach, crawl, or move toward them. Describe what's happening ("The car rolls fast!" "You caught it!"). This activity encourages curiosity, gross motor coordination, and active engagement. |   |   |
| <b>Resources/Materials</b> <ul style="list-style-type: none"> <li>Rolling toys (balls, cars, animals on wheels)</li> </ul>   | <b>Key Vocabulary:</b><br>push, roll, fast  | <b>Support:</b>   |



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|-------------------|--|---|
| <b>Day 3</b>      | <b>Topic(s)</b>  | <b>Foundation(s)</b>  |
|                   | Theme: Plants<br>Number: 13<br>Letter: Gg<br>Color: Red<br>Shape: Oval | <b>APL1.2</b> Demonstrate interest and curiosity as a learner<br><b>APL4.1</b> Demonstrate development of social interactions during play |
| <b>Indicators</b> | <b>Younger Infants</b>   | <b>Older Infants</b>  |
|                   | May grasp or shake a musical object with assistance.                   | May shake, tap, or pass instruments independently.  |

### Activity: **Musical Shakers**

Give each infant a small shaker or rattle and model how to shake it gently. Play short, rhythmic songs and encourage them to shake along with the beat. Pause the music to observe how they respond to sound changes. This activity promotes attention, rhythm awareness, and early social play through shared movement.

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| <b>Resources/Materials</b> <ul style="list-style-type: none"> <li>Baby-safe shakers or rattles</li> <li>Music player</li> </ul> | <b>Key Vocabulary:</b><br>shake, stop, music | <b>Support:</b> |
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|-------------------|--|---|
| <b>Day 4</b>      | <b>Topic(s)</b>  | <b>Foundation(s)</b>  |
|                   | Theme: Plants<br>Number: 13<br>Letter: Gg<br>Color: Red<br>Shape: Oval | <b>APL1.2</b> Demonstrate interest and curiosity as a learner<br><b>APL4.1</b> Demonstrate development of social interactions during play |
| <b>Indicators</b> | <b>Younger Infants</b>   | <b>Older Infants</b>  |
|                   | May look at self or caregiver in a mirror.                             | May reach for or smile at their reflection.   |

### Activity: **Mirror Play**

Place a shatterproof mirror on the floor or wall at infant level. Encourage infants to observe themselves as they move or make sounds. Say their name and describe what they're doing ("You're smiling!" "You're waving!"). This supports self-recognition, curiosity, and confidence through positive interaction.

|                                 |                                   |          |
|---------------------------------|-----------------------------------|----------|
| Resources/Materials<br>• Mirror | Key Vocabulary:<br>me, wave, look | Support: |
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|---|--|---|
| <b>Day 5</b>  | <b>Topic(s)</b>  | <b>Foundation(s)</b>  |
|   | Theme: Plants<br>Number: 13<br>Letter: Gg<br>Color: Red<br>Shape: Oval | <b>APL1.2</b> Demonstrate interest and curiosity as a learner<br><b>APL3.1</b> Demonstrate development of sustained attention and persistence |
| <b>Indicators</b>   | <b>Younger Infants</b>   | <b>Older Infants</b>  |
|   | May look at or bat at a hanging toy.                                   | May reach, grasp, or pull hanging toys during play.   |
| <p><b>Activity: Reaching for Hanging Toys</b></p> <p>Set up a baby gym or mobile with colorful toys that hang within reach. Encourage infants to reach, kick, or grasp the toys. Describe their movements (“You touched the red ball!” “You’re reaching up high!”). Repetition builds attention, fine motor strength, and confidence as infants learn to control their movements.</p> |  |   |
| <b>Resources/Materials</b> <ul style="list-style-type: none"> <li>Baby gym or soft hanging toys</li> </ul>  | <b>Key Vocabulary:</b><br>reach, toy, high                             | <b>Support:</b>   |