



Month: October Week: 5 Subject: Approaches to Play & Learning

Day 1	Topic(s)	Foundation(s)
	Review Week	APL1.1 Demonstrate initiative and self-direction APL1.2 Demonstrate interest and curiosity as a learner
Indicators	Younger Infants	Older Infants
	May reach for a block, may place or tap it on another, and may watch as you add one more.	May stack two or three blocks, may try again after a fall, and may explore a new way to make the stack stand.
Activity: Soft Block Building Offer a small set of soft cloth or foam blocks and model placing one on top of another. Use short language to invite initiative such as your turn and try again. Pause between each step so infants may act and you can name their choices. When towers fall, celebrate persistence and show how to steady with a flat base. End with a simple choice to build tall or build long so curiosity stays high.		
Resources/Materials	Key Vocabulary:	Support:
<ul style="list-style-type: none"> Soft blocks 	stack, try, tall	



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Day 2	Topic(s)	Foundation(s)
	Review Week	APL1.1 Demonstrate initiative and self-direction APL3.1 Demonstrate development of sustained attention and persistence
Indicators	Younger Infants	Older Infants
	May reach toward a nearby toy and may grasp briefly before releasing.	May change hand position to hold a toy, may transfer hand to hand, and may try again if it drops.
Activity: Reach and Grasp Practice Place two safe toys at different distances and wait for infants to notice and reach. Name what you see to reinforce initiative such as you reached and you got it. Support longer focus by moving one toy slightly farther to encourage another try. If a toy drops, pause and invite the infant to try again before you assist. Finish with a slow clap and a gentle high five to mark success.		
Resources/Materials <ul style="list-style-type: none"> Two safe grasp toys 	Key Vocabulary: reach, hold, try	Support:



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Day 3	Topic(s)	Foundation(s)
	Review Week	APL3.1 Demonstrate development of sustained attention and persistence APL4.1 Demonstrate development of social interactions during play
Indicators	Younger Infants	Older Infants
	May watch a slow roll and may push the ball forward with two hands.	May take short turns, may wait for your cue, and may roll back several times.
Activity: Rolling Ball Back and Forth Sit facing each infant with legs in a V and a soft ball in the middle. Roll the ball slowly and say your turn while you pause for a response. Praise any push or tap, then reset and try a few short turns to build attention. Add a simple wait cue such as hands up before rolling again to grow control. End with a count of three rolls together and a cheer.		
Resources/Materials <ul style="list-style-type: none"> Soft balls 	Key Vocabulary: roll, turn, wait	Support:



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Day 4	Topic(s)	Foundation(s)
	Review Week	APL2.1 Demonstrate development of flexible thinking during play APL3.1 Demonstrate development of sustained attention and persistence
Indicators	Younger Infants	Older Infants
	May pull a ring to make a toy move and may look between action and result.	May try a different grip or angle to make it work again and may repeat the action several times.
Activity: Pull and Tug Toys Set out a few toys with gentle resistance such as ring pull, ribbon pull, or pop links. Model how a small pull changes the toy and wait for the infant to try. If it does not move, offer a small choice such as pull here or pull there to support flexible thinking. Encourage repeating the action to see the result again and label what changed. Close by placing all pieces in a basket and saying all done together.		
Resources/Materials <ul style="list-style-type: none"> Ring pull or ribbon pull toys 	Key Vocabulary: pull, again, move	Support:



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	Review Week	APL1.1 Demonstrate initiative and self-direction APL4.1 Demonstrate development of social interactions during play
Indicators	Younger Infants	Older Infants
	May reach into the tunnel, may peek, and may crawl a short distance with support.	May crawl through to reach a hanging toy, may pause to explore it, and may go back for another turn.
<p>Activity: Tunnel Crawl and Hanging Toys</p> <p>Place a soft tunnel with one or two light toys hanging near the exit. Invite initiative by calling the child's name and placing a favorite toy just inside the opening. Stay nearby to offer gentle guidance and lots of praise as the infant moves through. Encourage a second try by moving a different toy to spark curiosity. End with a simple celebration and a calm water break or cuddle.</p>		
Resources/Materials	Key Vocabulary:	Support:
<ul style="list-style-type: none"> Soft play tunnel 	crawl, peek, go	