



Month: November Week: 1 Subject: Student Wellbeing

Day 1	Topic(s)		Foundation(s)	
	Theme: Turkey Time Number: 14 Letter: Jj Color: Yellow Shape: Heart		SW4.1 Demonstrate relationship skills	
Indicators				
	Younger Preschool		Older Preschool	
	May engage in parallel or associative play with familiar peers.		May participate in cooperative play, taking turns and sharing simple roles.	
Activity: Dramatic Play Turkey Feast				
Students set the table and role-play a friendly feast. Emphasize using kind words and inviting others to join.				
Resources/Materials <ul style="list-style-type: none">● Play food and dishes● Tablecloth, placemats, pretend utensils● Laminated feast printables		Key Vocabulary: share, invite, friend, together		Support:



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Day 2	Topic(s)		Foundation(s)	
	Theme: Turkey Time Number: 14 Letter: Jj Color: Yellow Shape: Heart		SW1.2 Demonstrate identification and expression of emotions SW1.1 Demonstrate self-awareness and confidence	
Indicators	Younger Preschool		Older Preschool	
	May point to or name simple feelings.		May describe why they feel thankful and who they feel thankful for.	

Activity: **Thankful Feelings Chart**

Create a class chart of “I feel thankful when...” Students add a drawing or photo of someone they appreciate and share a reason.

Resources/Materials <ul style="list-style-type: none"> • Chart paper and sticky notes • Crayons or photos • Picture emotion cards 	Key Vocabulary: thankful, happy, proud, feelings	Support:
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Day 3	Topic(s)		Foundation(s)	
	Theme: Turkey Time Number: 14 Letter: Jj Color: Yellow Shape: Heart		SW2.1 Demonstrate self-control	
Indicators	Younger Preschool		Older Preschool	
	May imitate a calming breath with adult modeling.		May choose a strategy to calm their body and return to play.	

Activity: Turkey Breathing and Calm Choices

Teach “Turkey Breaths” (inhale, spread feathers; exhale, fold wings). Practice three strategies: breathing corner, quiet coloring, or hug a stuffed animal.

Resources/Materials <ul style="list-style-type: none"> • Visuals for breathing steps • Calm corner basket (stuffed animal, coloring pages, timer) • Soft music (optional) 	Key Vocabulary: calm, breathe, pause, ready	Support:
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Month: November Week: 1 Subject: Student Wellbeing

Day 4	Topic(s)	Foundation(s)
	Theme: Turkey Time Number: 14 Letter: Jj Color: Yellow Shape: Heart	SW4.1 Demonstrate relationship skills SW1.2 Demonstrate identification and expression of emotions
Indicators	Younger Preschool	Older Preschool
	May create a simple mark or drawing to say thank you.	May draw or dictate a message showing appreciation.

Activity: **Gratitude Cards for Teachers or Friends**

Students make a thank-you card for a teacher or classmate, naming one kind thing that person does.

Resources/Materials <ul style="list-style-type: none"> • Blank cards or folded paper • Crayons, stickers • Sentence starters for dictation 	Key Vocabulary: thank you, kind, appreciate, help	Support:
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Day 5	<table><tr><th>Topic(s)</th><th>Foundation(s)</th></tr><tr><td>Theme: Turkey Time Number: 14 Letter: Jj Color: Yellow Shape: Heart</td><td>SW4.1 Demonstrate relationship skills SW3.1 Demonstrate conflict resolution</td></tr></table>		Topic(s)	Foundation(s)	Theme: Turkey Time Number: 14 Letter: Jj Color: Yellow Shape: Heart	SW4.1 Demonstrate relationship skills SW3.1 Demonstrate conflict resolution
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Indicators	<table><tr><th>Younger Preschool</th><th>Older Preschool</th></tr><tr><td>May name one way to be kind at school.</td><td>May suggest a kind action to solve a small problem, such as sharing or taking turns.</td></tr></table>		Younger Preschool	Older Preschool	May name one way to be kind at school.	May suggest a kind action to solve a small problem, such as sharing or taking turns.
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Activity: Kindness Circle with “Taylor the Thankful Turkey”

Briefly revisit the story and discuss how Taylor showed kindness. In the circle, each child shares one kind action they can do today. Practice a simple role-play for taking turns.

Resources/Materials <ul style="list-style-type: none"> <i>Taylor the Thankful Turkey</i> Talking piece for sharing 	Key Vocabulary: kindness, help, share, turn-taking	Support:
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