



Month: November Week: 2 Subject: Student Wellbeing

Day 1	Topic(s)	Foundation(s)
	Theme: Down on the Farm Number: 15 Letter: Kk Color: Brown Shape: Triangle	SW1.2 Demonstrate identification and expression of emotions SW2.1 Demonstrate self- control SW4.1 Demonstrate relationship skills
Indicators	Younger Preschool	Older Preschool
	May show gentle touch with a stuffed animal and say how the animal might feel.	May explain and model gentle vs rough choices and use words to express how to treat animals and friends.

Activity: **Gentle Hands with Animals**

Teachers will model gentle touch on a stuffed animal and name feelings such as calm, scared, or happy. Students will practice using gentle hands while role-playing feeding, brushing, and holding an animal figure. The class will create a quick T-chart of gentle vs rough and choose one gentle action to practice with a partner. Volunteers will share how gentle choices help keep animals and friends safe.

Resources/Materials <ul style="list-style-type: none"> • Chart paper and markers • Stuffed animals or animal figures • Picture cards showing gentle and rough choices 	Key Vocabulary: gentle, careful, calm, safe, choice	Support:
--	--	----------



Month: November Week: 2 Subject: Student Wellbeing

Day 2	Topic(s)	Foundation(s)
	Theme: Down on the Farm Number: 15 Letter: Kk Color: Brown Shape: Triangle	SW2.1 Demonstrate self-control SW4.1 Demonstrate relationship skills
Indicators	Younger Preschool	Older Preschool
	May wait for a brief turn with adult reminders.	May use a timer or visual cue to wait and say "I can wait for my turn."

Activity: **Patience at Farm Centers**

Teachers will introduce a simple turn-taking routine using a sand timer or visual turn cards. Students will practice waiting at a popular "barn" or "tractor" center while the timer runs, then switch turns. The class will role-play helpful phrases like "I'm next please" and "You can have it after me." A quick reflection circle will let children share how it felt to wait and what helped them be successful.

Resources/Materials <ul style="list-style-type: none"> Sand timer or visual turn cards Center sign-up dots or name cards Small farm props (tractor, barn, animals) 	Key Vocabulary: patience, wait, turn, next, share	Support:
--	---	-----------------



Month: November Week: 2 Subject: Student Wellbeing

Day 3	Topic(s)		Foundation(s)	
	Theme: Down on the Farm Number: 15 Letter: Kk Color: Brown Shape: Triangle		SW3.1 Demonstrate conflict resolution SW4.1 Demonstrate relationship skills	
Indicators	Younger Preschool		Older Preschool	
	May use words like “mine/your turn” with prompts when a problem happens.		May use simple problem-solving steps such as stop, talk, choose to share or take turns.	

Activity: **Sharing Tools & Space**

Teachers will model a brief script for solving problems: stop, say the problem, choose a solution (share, trade, take turns). Pairs of students will practice with farm tools such as rakes or feed buckets and decide together which solution to use. The class will chart solutions that worked and celebrate cooperative choices. A quick exit ticket will ask children to point to which strategy they used today.

Resources/Materials <ul style="list-style-type: none"> • Solution choice cards (share, trade, take turns) • Chart paper and markers • Toy farm tools or prop bins 	Key Vocabulary: share, trade, take turns, problem, solution	Support:
---	---	-----------------



Month: November Week: 2 Subject: Student Wellbeing

Day 4	Topic(s)	Foundation(s)
	Theme: Down on the Farm Number: 15 Letter: Kk Color: Brown Shape: Triangle	SW1.2 Demonstrate identification and expression of emotions SW4.1 Demonstrate relationship skills
Indicators	Younger Preschool	Older Preschool
	May match pictures of faces or animals to basic feelings like happy or sad.	May describe clues that show a feeling and choose a respectful response.

Activity: **Feelings: Animal Clues**

Teachers will display photos of animals showing clear body clues, then connect them to people clues such as faces and posture. Students will act out a feeling and classmates will guess the emotion using the clues they notice. The group will discuss helpful responses like giving space, using a calm voice, or offering help. Children will draw a feeling face and tell when they felt that way at school.

Resources/Materials <ul style="list-style-type: none"> Emotion photo cards (animals and children) Small mirrors for faces (optional) Drawing paper and crayons 	Key Vocabulary: feeling, happy, sad, calm, clues, help	Support:
--	--	-----------------



Month: November Week: 2 Subject: Student Wellbeing

Day 5	Topic(s) Theme: Down on the Farm Number: 15 Letter: Kk Color: Brown Shape: Triangle	Foundation(s) SW1.1 Demonstrate self -awareness and confidence SW4.1 Demonstrate relationship skills
Indicators	Younger Preschool	Older Preschool
	May say a simple kind word to a peer with a prompt.	May give a specific compliment that names the action and effect.
<p>Activity: Farm Kindness Compliments</p> <p>Teachers will model giving specific compliments that name what a friend did and why it helped, such as “You waited for the tractor and that was kind.” Students will pass a plush animal around the circle and offer one compliment to the person on their right. The class will build a Kindness on the Farm chart with children’s words to display in the room. Learners will choose one kindness goal to try during centers and report back at closing.</p>		
Resources/Materials <ul style="list-style-type: none"> • Plush animal or “kindness cow” for circle • Kindness chart paper and markers • Small goal stickers or name cards 	Key Vocabulary: kind, compliment, helpful, proud, goal	Support: