



## Month: November Week: 4 Subject: Approaches to Play & Learning

Day 1	Topic(s)	Foundation(s)
	Review Week	APL1.2 Demonstrate interest and curiosity as a learner APL3.1 Demonstrate development of sustained attention and persistence
Indicators	Younger Infants	Older Infants
	May briefly lift head, look toward a toy, and show interest by staring or small body wiggles.	May push up on forearms, reach toward an animal toy, and stay engaged a little longer when the toy is moved or gently wiggled.

### Activity: “Tummy Time: Wiggle & Reach for Animals”

Place infants on their tummies on soft mats. Position a few bright, baby-safe turkey, farm, or worm toys within their line of sight. Gently wiggle or move the toy closer, encouraging infants to lift their heads, look, and reach. Follow their cues-pause when they stare, move when they reach-for short but repeated bursts of curious exploration.

<b>Resources/Materials</b> <ul style="list-style-type: none"> <li>Baby-safe animal toys (turkey, cow, duck, worm/bug)</li> </ul>	<b>Key Vocabulary:</b> look, reach, wiggle	<b>Support:</b>
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<b>Day 2</b>	<b>Topic(s)</b>	<b>Foundation(s)</b>
	Review Week	APL1.2 Demonstrate interest and curiosity as a learner APL3.1 Demonstrate development of sustained attention and persistence
<b>Indicators</b>	<b>Younger Infants</b>	<b>Older Infants</b>
	May sit with support and bat or swipe at nearby toys.	May sit with less support, lean forward to reach for a chosen toy, and explore it with hands and mouth for longer periods.

### Activity: “Sit & Reach for Toys - Turkey/Farm/Worm”

Seat infants with support (in a Boppy, caregiver lap, or supported sitter position). Place a small set of themed toys in front of them- turkey, farm animals, worms/garden bugs. Allow infants to choose what to reach for. Comment on their choice (“You picked the cow!”) and give time for deep exploration—turning, mouthing, shaking- before offering another option.

<b>Resources/Materials</b> <ul style="list-style-type: none"> <li>Baby-safe turkey, farm animal, and worm/garden creature toys</li> </ul>	<b>Key Vocabulary:</b> choose, toy, touch	<b>Support:</b>
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## Month: November Week: 4 Subject: Approaches to Play & Learning

<b>Day 3</b>	<b>Topic(s)</b>	<b>Foundation(s)</b>
	Review Week	APL1.2 Demonstrate interest and curiosity as a learner APL3.1 Demonstrate development of sustained attention and persistence
<b>Indicators</b>	<b>Younger Infants</b>	<b>Older Infants</b>
	May watch and react when an adult activates a cause-and-effect toy (light, sound, movement).	May bang, push, pull, or press parts of a toy to repeat an effect (light up, spin, sound), staying with the activity to try again.

### Activity: “Cause-and-Effect Toy Exploration”

Offer 1-2 simple cause-and-effect toys-push-button lights, spin toys, soft musical toys. Slowly demonstrate: “I push... it lights up!” Then pause and support infants in trying. Celebrate even small attempts and allow them to repeat the action several times, building persistence and curiosity (“You tried again!”).

<b>Resources/Materials</b> <ul style="list-style-type: none"> <li>Baby-safe cause-and-effect toys (push, spin, or light-up toys)</li> </ul>	<b>Key Vocabulary:</b> push, again, wow	<b>Support:</b>
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<b>Day 4</b>	<b>Topic(s)</b>	<b>Foundation(s)</b>
	Review Week	APL1.2 Demonstrate interest and curiosity as a learner APL3.1 Demonstrate development of sustained attention and persistence
<b>Indicators</b>	<b>Younger Infants</b>	<b>Older Infants</b>
	May watch a blanket or tunnel move and smile or wiggle when faces or toys appear.	May scoot, roll, or crawl toward a tunnel or lifted blanket, reaching or moving to find the caregiver, toy, or light.

### Activity: “Tummy Tunnel or Blanket Peek Play”

Create a small “tunnel” using a low play arch, cardboard box with sides cut down, or held-up blanket. Place infants on their tummies or in early crawl positions facing the opening. Gently peek in with your face or an animal toy: “Where’s the turkey? Here!” Encourage older infants to move closer, reach through, or crawl partially into the tunnel.

<b>Resources/Materials</b> <ul style="list-style-type: none"> <li>• Low play tunnel, short open box, or lightweight blanket draped safely</li> <li>• Soft animal toys for peek play (turkey, cow, worm, etc.)</li> </ul>	<b>Key Vocabulary:</b> where, here, peek	<b>Support:</b>
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## Month: November Week: 4 Subject: Approaches to Play & Learning

<b>Day 5</b>	<b>Topic(s)</b>	<b>Foundation(s)</b>
	Review Week	APL1.2 Demonstrate interest and curiosity as a learner APL3.1 Demonstrate development of sustained attention and persistence
<b>Indicators</b>	<b>Younger Infants</b>	<b>Older Infants</b>
	May look toward or briefly touch items from a presented basket as the adult offers them one by one.	May lean, crawl, or reach toward the basket, choose an item, and explore it for a longer time before moving on.

### Activity: “Sensory Basket Choice - Infant Leads Play”

Prepare a small sensory basket with safe items linked to November (soft feather, smooth wooden ring, crinkly fabric, textured farm animal, ribbon worm). Place infants near the basket and let them choose what to explore. Follow their lead- if they return to the same item, stay there and describe what they are doing. Rotate baskets or add new items only as their interest fades.

<b>Resources/Materials</b> <ul style="list-style-type: none"> <li>Baby-safe sensory objects: large feather, soft fabric square, wooden ring, textured animal, ribbon “worm”</li> </ul>	<b>Key Vocabulary:</b> touch, soft, more	<b>Support:</b>
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